



AUGUST | 2017

Joe Rhoads Senior Center
 123 S. Mulberry St.
 Corydon, IN 47112 Rick Haines,
 Site Manager/Health & Wellness
 Coordinator 812.738.7603

Joe Rhoads Senior Center Activities


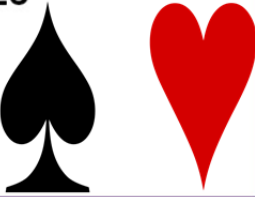
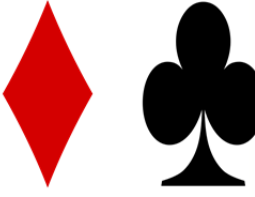
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 White Elephant Bingo 10:15am-11:45am	2	3 Southern Indiana Hospice Care 10am -11am	4 Tai Chi for Arthritis 10:15am 10:45am	5
	6	7 Tai Chi for Arthritis 10am-11am	8 Corydon Nursing Bingo 10:15am – 11:25am	9 Birthdays  8am-1pm	10	11 Tai Chi for Arthritis 10:15am 10:45am
13	14 Tai Chi for Arthritis 10am-11am	15 Bingo By Kindred Hospice 12pm- 1pm	16	17 Harrison Springs Bingo & HCHD Blood pressure check 10am – 11:30am	18 Tai Chi for Arthritis 10:15am 10:45am	19
20	21 Tai Chi for Arthritis 10am-11am	22 Bingo By Care Source 8am – 9am	23	24 Ricks Crazy Bingo 10:15am – 10:45 am	25 Tai Chi for Arthritis 10:15am 10:45am	26
27	28 Tai Chi for Arthritis 10am-11am	29	30	31		



AUGUST | 2017

Palmyra Senior Center Activities

Palmyra Senior Center
 13584 Green Street NE
 Palmyra, IN 47164
 Jenny Kirkham 812-364-6106,
 Site Manager

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Bingo 9:3am -10:30am Senior Lunch 11am-11:30am	2 Senior Lunch 11am-11:30am	3 IFORM (Health & Weight loss) 6:30pm – 8:30pm Senior Lunch 11am-11:30am	4 Euchre Players 8am – 12pm Senior Lunch 11am-11:30am	5
	6	7 Senior Lunch 11am-11:30am Arts for Fun 2pm – 4pm Wood Carvers 7pm – 9pm	8 Senior Lunch 11am-11:30am	9 Senior Lunch 11am-11:30am	10 Senior Lunch 11am-1:30am Morgan Township 1pm-3p INFORM 6:30pm-8:30pm	11 Euchre Players 8am – 12pm Senior Lunch 11am-11:30am
13	14 Senior Lunch 11am-11:30am Arts for Fun 2pm – 4pm Wood Carvers 7pm – 9pm	15 Senior Lunch 11am-11:30am	16 Senior Lunch 11am-11:30am Bingo 1pm-2pm	17 Senior Lunch 11am-11:30am INFORM (Health & Weight loss) 6:30p-8:30pm	18 Euchre Players 8am – 12pm Senior Lunch 11am-11:30am	19
20	21 Senior Lunch 11am-11:30am Arts for Fun 2pm – 4pm Wood Carvers 7pm – 9pm	22 Senior Lunch 11am-11:30am	23 Senior Lunch 11am-11:30am	24 Senior Lunch 11am-11:30am INFORM (Health and Weight loss) 6:30pm-8:30pm	25 Euchre Players 8am – 12pm Senior Lunch 11am-11:30am	26 
27	28 Senior Lunch 11am-11:30am Arts for Fun 2pm – 4pm Wood Carvers 7pm – 9pm	29 Senior Lunch 11am-11:30am	30 Senior Lunch 11am-11:30am	31 Senior Lunch 11am-11:30am Bingo 1pm-2pm INFORM 6:30pm-8:30pm		



AUGUST | 2017

Riverview Towers
500 Scribner Drive
New Albany IN 47150
Pat Sullivan, Site Manager/Health
& Wellness 812.557.6900

Riverview Towers Senior Center Activities

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1

2

3

Tai Chi
9:30am

4

5

6

7

Tai Chi
9:30am

8

9

10

Tai Chi
9:30am

11

12

13

14

Tai Chi
9:30am

15

**Blood Pressure
Checks**
10:30am

16

17

Tai Chi
9:30am
**Nutrition by
Purdue**
10:30am

18

19

20

21

Tai Chi
9:30am

22

23

24

Tai Chi
9:30am

25

26



27

28

Tai Chi
9:30am

29

30

31

Tai Chi
9:30am



AUGUST | 2017

Bacala Senior Center
69 W. Wardell St.
Scottsburg, IN 47170
Terry Jackson 812.206.7976

Scottsburg Bacala Senior Center Activities

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



		1	2	3	4 Live band 12pm "No Strings Attached"	5
6	7 Necklace making with Bertie 9:30am Active Living 10:30am	8	9 Learning to play Euchre 12:30pm	10 Painting with Linda 10am-11am	11 Health Screening 10:30am Hampton Oaks Bingo 12pm	12
13	14 Active Living 10am Bingo: Lisa Westminster Village 12pm	15	16 Bingo: Chris-Lake Pointe 10am	17 Disaster/ Emergency Day 10:30am	18 Bingo: Angela – The Waters 12pm	19
20	21 Active Living 10am	22 Price is Right Cassidy – Hosparus 12pm	23 Euchre 10am Jewelry Making with Floyd 12pm	24 Painting with Linda 10am-11am	25 You bring a prize Bingo 12pm	26 Coffee & Cards 9am daily
27	28 Active Living 10am	29	30	31 Medicare with Frankie		



AUGUST | 2017

Yellowwood Terrace
2100 Greentree North
Clarksville, IN 47129
Shawna Lewis, (812) 282-1435
Nutrition/Wellness Coordinator

Yellowwood Senior Center Activities

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



1 Intro to
Armchair Yoga
11:45

2

3 \$1 Bingo
11:45

4 Armchair Yoga
11:45

5

6

7 Nutrition
Program
12pm

8 Armchair Yoga
11:45

9 Fun in the Sun:
The importance of
sunscreen
11:45

10 Eyesight
Awareness
11:45

11 Armchair Yoga
11:45

12

13

14 Nutrition
Program
12pm

15 Armchair Yoga
11:45

16 YMCA:
"It's a matter of
Balance"
11:45

17 \$1 Bingo
11:45

18 Armchair Yoga
11:45

19

20

21 Nutrition
Program
12pm

22 Armchair Yoga
11:45

23 Name that fruit
or veggie
11:45

24 Walking the
Walk
The Benefits of Walking
11:45

25 Armchair Yoga
11:45



27

28 Nutrition
Program
12pm

29 Armchair Yoga
11:45

30 The importance
of sleep
11:45

31 \$1 Bingo
11:45

**Eye Health
Awareness
Month**