



## ***November is National Caregiver Month***

***LifeSpan Resources*** and ***Caregiver Homes*** will sponsor a “LUNCH and LEARN” program for adult caregiver. The program will include The CareAware: Help and Hope for Family Caregiver video series and accompanying workbook. This program will help meet the emotional, physical and logistical demands of caregiving. Each video features interviews with subject matter experts and real life family caregivers. The date, location and time will be **November 8, 2017** at Community Action of Southern Indiana (CASI), 1613 E. 8<sup>TH</sup> St, Jeffersonville, IN. from 10:30 am – 12:30 pm.

Please **RSVP** to:

Kimberly Carter (812 913-2331) [kcarter@caregiverhomes.com](mailto:kcarter@caregiverhomes.com) or  
Frankie Hunter Able (812 948-8330) [fable@lsr14.org](mailto:fable@lsr14.org) no later than  
November 6th at 12 noon.

*CareAware: Help and Hope for Family Caregivers*, produced by CICOA Aging & In-Home Solutions