







JULY | 2017

Joe Rhoads Activities




Joe Rhoads Senior Center 123 S.
Mulberry St. Corydon, IN 47112 Rick
Haines, Site Manager/Health &
Wellness Coordinator 812.738.7603

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 	3 10am – 11am Tai Chi for Arthritis	4 SITE CLOSED FOR INDEPENDENCE DAY	5 9am – 11am Diabetes Self Management Ed	6 Nutrition Ed 10am – 11am Bingo by Adaptive Home Care	7 10:15am -10:35am Tai Chi for Arthritis	8
9	10 10am – 11am Tai Chi for Arthritis	11 10:15am-11:25am Corydon Nursing Bingo	12 8am – 1pm Birthdays 9am-11am Diabetes Self Management Ed	13 10:15am – 11:45am White Elephant Bingo	14 10:15am -10:35am Tai Chi for Arthritis	15
16	17 10am – 11am Tai Chi for Arthritis	18	19 9am – 11am Diabetes Self Management Ed	20 10am – 11:30am Harrison Springs Bingo and HCHD Blood Pressure Check	21 10:15am -10:35am Tai Chi for Arthritis	22
23 	24 10am – 11am Tai Chi for Arthritis	25	26	27 10:15am – 10:45am Ricks Crazy Bingo	28 10:15am -10:35 Tai Chi for	29
30	31 10am – 11am Tai Chi for Arthritis				 <p>LifeSpan RESOURCES Promoting Independent Living for People of all Ages. A member of the  iConnect Alliance.</p>	

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Palmyra Senior Center
 13584 Green Street NE
 Palmyra, IN 47164
 Site Manager: Jenny Kirkham 812-364-6106

Palmyra Senior Center Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 11am-11:30am Senior Lunch 2pm-4pm Arts for Fun 7pm-9pm - Wood	4 SITE CLOSED FOR INDEPENDENCE DAY	5 11am-1:30am Senior Lunch	6 11am-11:30am Senior Lunch 6:30pm-8:00p INFORM (Health & Weight Loss)	7 8am-12pm Euchre Players 11am-11:30am Senior lunch	8 12pm-5pm Private Event
9	10 11am-11:30am Senior Lunch 2pm-4pm Arts for Fun 7pm-9pm - Wood	11 11am-11:30am Senior Lunch	12 9:30am-10:30am Bingo 11am-11:30am Senior Lunch	13 11am-1:30am Senior Lunch 1pm-3p Mogan Township 6:30pm-8:30pm INFORM	14 8am-12pm Euchre Players 11am-11:30am Senior lunch	15 12:30pm-3:30pm Private Event
16 6pm -9pm Bible Study	17 11am-11:30am Senior Lunch 2pm-4pm Arts for Fun 7pm-9pm - Wood	18 11am-11:30am Senior Lunch	19 11am-11:30am Senior Lunch 1pm-2pm Bingo	20 11am-11:30am Senior Lunch 6:30pm-8:00p INFORM (Health & Weight Loss)	21 8am-12pm Euchre Players 11am-11:30am Senior lunch	22 3pm-6pm Private Event
23	24 11am-11:30am Senior Lunch 2pm-4pm Arts for Fun 7pm-9pm - Wood	25 11am-11:30am Senior Lunch	26 11am-11:30am Senior Lunch	27 11am-11:0am Senior Lunch 1pm-2pm -Bingo 6:30pm-8:30pm IMFORM	28 8am-12pm Euchre Players 11am-11:30am Senior lunch	29 2pm-6pm Private Event
30	31 11am-11:30am Senior Lunch 2pm-4pm Arts for Fun 7pm-9pm - Wood					

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Yellowwood Senior Center Activities

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Yellowwood Terrace 2100 Greentree North Clarksville, IN 47129			Site Aid: Regina (812) 282-1435			1 
2	3 Nutrition program 12pm	4 SITE CLOSED FOR INDEPENDENCE DAY	5	6	7	8
9	10 Nutrition program 12pm	11 KentuckyOne Blood Pressure 10:30am Westminster Bingo 11:45am	12 Williams Bros. Bingo 11:45am	13 Wedgewood Blood Pressure 10:45am \$1 Bingo 11:45am	14	15
16	17 Nutrition program 12pm	18	19	20 Wedgewood Blood Pressure 10:45am Humana Bingo 11:45am	21	22
23 	24 Nutrition program 12pm	25	26 Kaiser Bingo 11:45am	27	28	29
30	31 Nutrition program 12pm					

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