

Joe Rhoads Senior Center
 123 S. Mulberry St.
 Corydon, IN 47112
 Rick Haines, Site
 Mgr. 812-738-7603

AUGUST | 2024



Joe Rhoads Senior Center-Corydon Activities

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	31	1	2 Tai Chi for Health 10:15 AM
5 Tai Chi for Health 10:15 AM	6 Peas and Carrots Nutrition Ed 10:00 AM	7 Produce for Better Health	8 Bingo w/ Harrison Springs 10:30-11:30 AM	9 Tai Chi for Health 10:15 AM
12 Tai Chi for Health 10:15 AM & Karaoke after Lunch	13 Bingo w/ Cedar Court	14	15 Healthy Eye Awareness Education 10:00 AM	16 Tai Chi for Health 10:15 AM
19 Tai Chi for Health 10:15 AM	20 Nutrition Education 10:00 AM	21 Bone Density 12:00PM & B/P Screening w/ Anna Jones & Produce for Better Health	22	23 Tai Chi for Health 10:15 AM
26 Tai Chi for Health 10:15 AM	27	28 PBH Check In 10 – 11 AM	29	30 Tai Chi for Health 10:15 AM



Congregate Meal Site

Healthy Vision Awareness Month

Notes:

**Lunch Served
 M-F @ 11:30 AM
 Reservations
 Required w/
 Week Notice**