Joe Rhoads Senior Center 123 S. Mulberry St. Corydon, IN 47112

JULY 2024

Rick Haines, Site Myoe Rhoads Senior Center-Corydon Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Tai Chi for Health 10:15 AM	2	3	4 Closed	5 Tai Chi for Health 10:15 AM
8 Tai Chi for Health 10:15 AM	9	10 Produce for Better Health	11	12 Tai Chi for Health 10:15 AM
15 Tai Chi for Health 10:15 AM	16 Bingo w/ Connie from Cedar Court 10:30-11:30 AM	17 B/P Screening w/ Anna jones	18 Peas and Carrots Nutrition Ed 10:00 AM	19 Tai Chi for Health 10:15 AM
22 Tai Chi for Health 10:15 AM	23	24 Produce for Better Health & PBH Check In 10 – 11 AM Corydon Dulciemer Society 11:30-12:00 PM	25	26 Tai Chi for Health 10:15 AM
29 Tai Chi for Health 10:15 AM	30	31	1	2



Congregate Meal Site

Heat Exhaustion Awareness

Notes:

Lunch Served M-F @ 11:30 AM Reservations Required w/ Week Notice