

Mark Elrod Towers
 1 Wolfe Trace
 New Albany IN 47150
 Site Mgr. Robert
 Ludolph

JULY | 2024



Mark Elrod Congregate Center Activities

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------------|-----------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| 1 | 2 | 3 Independence Day Celebration Cookout w/ Willa 12PM | 4 Closed | 5 Bobs Bizarre Last Day to redeem Bobby Bucks 12:00 PM |
| 8 Gina Brown Berries | 9 Produce for Better Health Check In 12:00 PM w/ Lena & Bunco w/ Willa 12PM | 10 Produce for Better Health & Kroger Truck & B/P w/ Rebecca 10:30 AM | 11 Peas & Carrots Nutrition Ed 11:15 AM & Crafts w/ Willa 12:00 PM | 12 Oak St Health w/ Jennifer Vega 11:00 AM |
| 15 Bingo w/ Shane Griffin 12:00 PM | 16 Exercise w/ Willa 12PM | 17 Bingo w/ Willa 12-1:30 PM | 18 Balance Screening W/ First Health 11:00 AM Cynthia w/ Purdue Healthy Cooking 12:00 PM | 19 Bobby's Game Day 11:15 AM |
| 22 Fruit and Yogurt Parfaits w/ Willa | 23 Exercise w/ Willa 12PM | 24 Produce for Better Health & Kroger Truck Crafts w/ Willa 1PM | 25 Nutrition Education 11:15 AM | 26 |
| 29 | 30 B/P Screening 11:30 AM LSR Exercise w/ Willa 12PM | 31 Birthday Celebrations 12-1 PM | 1 | 2 |



Congregate Meal Site

Heat Exhaustion Awareness

Notes;
**Lunch Served
 M-F @ 11:00 AM
 Reservations
 Required w/
 Week Notice**