

69 E. Wardell St.
 Scottsburg, IN 47170
 (812) 206-7970
 Site Mgr.:
 Dixie Robinson

JULY | 2024



Bacala Senior Center-Scottsburg Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Exercise Class 10:00 AM	2 Rummikub 9:00 AM	3 Exercise Class 10:00 AM	4 Closed	5 Exercise Class 10:00 AM
8 Exercise Class 10:00 AM	9 Rummikub 9:00 AM	10 Exercise Class 10:00 AM & Produce for Better Health	11 Rummikub 9:00 AM	12 Hampton oaks Health Screening 10:00 AM Bingo 10:30 AM
15 Exercise Class 10:00 AM	16 Peas and Carrots Nut ED 11:00 AM	17 Exercise Class 10:00 AM	18 Rummikub 9:00 AM & Health Screening 11:15 AM	19 Exercise Class 10:00 AM & Crochet Class
22 Exercise Class 10:00 AM	23 Rummikub 9:00 AM	24 Exercise Class 10:00 AM & Produce for Better Health	25 Rummikub 9:00 AM	26 CareFirst Rehab 10-11 AM
29 Exercise Class 10:00 AM	30 Rummikub 9:00 AM	31 Movie Day 8:00 AM	1	2



Congregate Meal Site

Heat Exhaustion Awareness

Notes:

**Lunch Served
 M-F @ 11:30-
 Noon**

**Meal sign-up required
 in advance –week
 ahead notice
 Stress-relief Coloring
 Pages
 M-F 9:30 AM**