

Mark Elrod Towers
 1 Wolfe Trace
 New Albany IN 47150
 Site Mgr. Robert
 Ludolph
 812-697-8032

JANUARY | 2025

Mark Elrod Congregate Center Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 CLOSED	2 Coffee Chat w/ Bob 9:00 – 9:30 AM	3 Coffee Chat w/ Bob 9:00 – 9:30 AM BINGOCIZE 12:00 PM
6 Coffee Chat w/ Bob 9:00 – 9:30 AM	7 Coffee Chat w/ Bob 9:00 – 9:30 AM & Walk w/ Willa 12-1 PM	8 Coffee Chat w/ Bob 9:00 – 9:30 AM & Kroger Truck & PBH Pick Up	9 Coffee Chat w/ Bob 9:00 – 9:30 AM Nutritional Education w/ Bob 11:15 AM	10 Coffee Chat w/ Bob 9:00 – 9:30 AM Bobby's Game Day Orientation
13 Coffee Chat w/ Bob 9:00 – 9:30 AM	14 RSVP 11:15 AM Coffee Chat w/ Bob 9:00 – 9:30 AM BUNCO w/ Willa 12:00PM	15 Coffee Chat w/ Bob 9:00 – 9:30 AM	16 Coffee Chat w/ Bob 9:00 – 9:30 AM Healthy Cooking w/ Cindy from Purdue 12:00 PM	17 Coffee Chat w/ Bob 9:00 – 9:30 AM Game Day w/ Bob 11:30 AM
20 CLOSED	21 Coffee Chat w/ Bob 9:00 – 9:30 AM & Walk w/ Willa 12-1 PM	22 Coffee Chat w/ Bob 9:00 – 9:30 AM & Kroger Truck & PBH Pick Up & BUNCO w/ Willa 12PM	23 Coffee Chat w/ Bob 9:00 – 9:30 AM Nutritional Education w/ Bob 11:15 AM Making White Chili w/ Willa 12:00 PM	24 Coffee Chat w/ Bob 9:00 – 9:30 AM
27	28 Health Dept. B/P & Sugar Checks Coffee Chat w/ Bob 9:00 – 9:30 AM & Walk w/ Willa 12-1 PM	29 January Birthdays w/ Willa 12:00 PM	30 Mental Health Awareness 11:00 AM	31 Game Day w/ Bob 11:30 AM



Congregate Meal Site

Mental Health Awareness Month

Notes;
**Lunch Served
 M-F @ 11:00 AM
 Reservations
 Required w/
 Week Notice**