

LifeNotes

LIFESPAN RESOURCES NEWSLETTER

Winter Issue
 2025

LifeSpan Resources

Main Office

33 State Street
 P.O. Box 995
 New Albany, Indiana 47150

Phone Numbers

Main Office 812-948-8330
 Website www.lsr14.org



Check us out on Facebook!
 @LifespanResourcesInc



We're on Instagram too!
 @lsr4na

Main Office Hours

Monday - Friday 8am - 4:30pm

Inside This Issue

Upcoming Events.....2
 Crecelius Board Update3
 Planned Giving Update.....4
 Senior Games Save the Date ...5
 Senior Games Registration .. 6-7
 Voice and Vino Save the Date..8
 Nutrition Awareness Day9
 Staff Longevity Awards 10
 Donate to LSR 12

Meredith Lambe Takes the Helm at LifeSpan Resources

Meredith Lambe from Louisville has been named Chief Executive Officer (CEO) of LifeSpan Resources, the state designated area agency on aging for Clark, Floyd, Harrison, and Scott counties, effective January 6, 2025. Lambe replaces outgoing CEO Lora Clark, who announced her retirement effective March of 2025. Clark has presided over the agency, which serves older adults and individuals with disabilities, for the past seven years.

The Reverend Tony Toran, President of the LifeSpan Resources Board of Directors, said the appointment of Lambe followed an extensive search to find a new leader with broad non-profit experience. "We feel fortunate to have found that in Lambe. She brings a wealth of experience and passion for human services to this role. With over 20 years of non-profit experience, she has a deep understanding of the opportunities and challenges of non-profits. She has also served on various boards in the New Albany and Louisville area, further demonstrating her commitment to community impact and collaboration."

Most recently, Lambe served as President of the Being for Others Health and Wellness Foundation based in Jasper. She has also served as Director of Development for the Foundation for the Accreditation of Cellular Therapy and was the Executive Director of the Floyd Memorial Foundation for ten years. She is a 2015 Discover graduate with Leadership Southern Indiana and has a long record of service with community organizations including the Homeless Coalition of Southern Indiana and the Rotary Club of New Albany.

Lambe holds a Masters degree in Public Administration from the University of Louisville and a Bachelor of Arts in Communications and Public Relations from the University of Kentucky. She said, "I look forward to beginning my new role with LifeSpan Resources, a non-profit agency that has had a life-changing presence in the southern Indiana community for many years. The agency's mission of promoting independent living for people of all ages resonates deeply with me, personally and professionally as I have cared for elderly relatives and worked on behalf of individuals with disabilities. I plan to use my extensive experience in fundraising to drive expansion of revenue and donor engagement in support of this important mission."

Outgoing CEO Lora Clark said, "Over the coming months, Meredith will move into her role and work closely with our executive team, the board of directors, and key state stakeholders to ensure a seamless transition. She is eager to meet our amazing staff, learn more about the important work we do, and build on our strong foundation of 50-plus years serving southern Indiana residents." Clark added, "I am grateful to our board for the trust and support they have shown me over the years, and to be part of such an exceptional team at LifeSpan Resources. I am thrilled at the selection of Meredith Lambe and wish her much success as she begins her new journey."



Pictured above: Lora Clark, Outgoing CEO (left) and Meredith Lambe, new CEO (right).

MONTHLY CELEBRATIONS

January - March Celebrations



January - National Blood Donor Month
February - American Heart Month
March - National Nutrition Month

February 2 - National Wear Red Day
February 4 - World Cancer Day
February 14 - Valentine's Day
March 17 - St. Patrick's Day
March 19 - Nutrition Awareness Day



LifeSpan Resources will be closed on Monday, February 17 for the Presidents' Day holiday.

Board of Directors

The Rev. Dr. Tony Toran - President, At-Large
Tonya Fischer - Vice President, Floyd County
Chris Schwaniger - Treasurer, Harrison County
Melissa Woods - Secretary, Scott County
Dr. Deepak Azad, At-Large
Mayor Jeff Gahan, Floyd County
Annette Roberts, At-Large
Lynn Reker, Clark County
Doug Drake, Clark County

Advisory Council

Kristin Troyer Ems - President, Clark County
Beth Preher, Vice - President, Floyd County
The Rev. Dr. Albert Cole - Secretary, Clark County
Joyce Cain, Clark County
State Rep. Ed Clere, Floyd County
Michelle Cochran, Scott County
Diane Clark, Clark County
Sandra Krekel, Floyd County
Cheryl Reagan, Clark County
Wilma Sadler-Morton, Clark County
Marti Snyder, Floyd County
Josh "JT" Turner, Floyd County

LifeNotes is a free quarterly publication of
LifeSpan Resources, Inc.
33 State St., 3rd Floor, PO Box 995
New Albany, IN 47151-0995

Please address questions or requests to the
above address or 812.948.8330 or
information@lsr14.org
CEO - Meredith Lambe | Editor-in-Chief: Lucy
Koesters

Executive Staff

Chief Executive Officer
Meredith Lambe, MPA
Chief Operating Officer
Angela Marino
Chief Financial Officer
Leslie Meek
Chief Business Development Officer
Lucy Koesters

LifeSpan Resources, Inc. complies with all provisions prohibiting discrimination on the basis of race, color, or national origin of Title VI of the Civil Rights Act of 1964, as amended, 42 U.S.C. 200d et seq., and with U.S. DOT regulations, "Non-discrimination in Federally-Assisted Programs of the Department of Transportation - Effectuation of the Title VI of the Civil Rights Act," 49CFR part 21.

LifeSpan Resources, Inc. assures that no person shall, as provided by Federal and State civil rights law, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any program or activity.

CRECELIUS COMPLETES BOARD SERVICE



Thank You, Barb!

Barbara Crecelius recently stepped off the LifeSpan Resources board after completing her third three year term. Barbara was a friend of LifeSpan Resources for many years before serving on our board. She was a liaison between the Social Security Administration and the Council on Aging during the early years and has more recently served

on the board for two separate nine year terms from 2004 to 2013 and again from 2016 to 2025. She was presented a plaque recognizing her service at the recent January board meeting. Barb is pictured with **Board President, Tony Toran** and new **LifeSpan Resources CEO, Meredith Lambe**. "I have had the honor to work with and know every director of the agency from Thelma Bertrand to Meredith throughout my time volunteering with LifeSpan Resources!" said Crecelius.

Thank you Barb, for your dedication and service. You have truly made a difference in the lives of our clients!

SAVE A LIFE



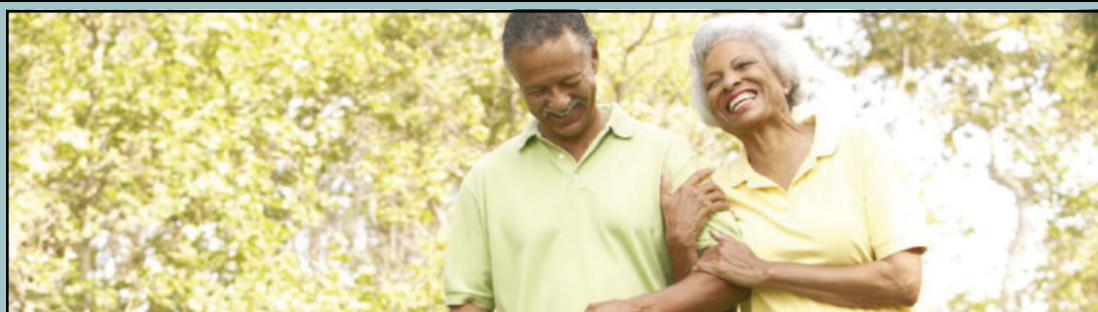
GIVE BLOOD

Blood Drive

**YMCA of Greater Louisville
- Floyd County Branch**

American Red Cross Bus
33 State Street
New Albany, IN 47150

**Tuesday, March 18, 2025
9:00 a.m. - 1:00 p.m.**



Create more moments.

Having a serious illness isn't a choice, how you decide to live your life is. To see how we can help you live life to the fullest, visit HosparusHealth.org or call **812-945-4596**.



HOSPARUS
HEALTH®

Looking for connection with purpose?

See the power of kindness in action as a Hosparus volunteer. Make a difference today. Visit HosparusHealth.org/Volunteer to start your application.

THRIVE
LOCALLY

ADVERTISE HERE
to reach your community



Call 800-477-4574

THE MEDICARE MAN

Need a plan? Call The Medicare Man!

Will Chandler
(812) 850-0431

WillTheMedicareMan@gmail.com

Anthem, Humana, United Healthcare, Aetna, Cigna & more...



FREE
AD DESIGN
with purchase
of this space

CALL 800-950-9952



PLANNED GIVING UPDATE

Partners in Promoting Independent Living

LifeSpan Resources kicked off its new planned giving program with a Legacy Builders Workshop last fall. The program's goals were presented to a dedicated group of 40 potential donors. Earlier this year, an estate planning workshop was held for this group to learn more about financial and estate planning, tax considerations, and ways to incorporate charitable giving into their estate plans. We are very grateful to our expert consultants: **Dave Lobeck**, financial planner with Edward Jones; and **Scott Waters** and **Jim Plitz**, estate planning attorneys with Waters, Tyler, Hofmann and Scott, LLC; for their help in conducting these workshops.



Those who choose to leave a gift to LifeSpan Resources will automatically become a member of our Legacy Circle. Members will also receive our quarterly planned giving newsletter, *Partners*, receive photo recognition in our publications, gain access to volunteer opportunities such as our Senior Angel Tree gift deliveries and exclusive invitations to Circle dinners and other special events, along with impacting the longevity of LifeSpan Resources.



Our goal is to establish a dedicated and loyal circle of planned gift donors and we hope to include YOU! For more information on making a planned gift and joining our Legacy Circle, visit www.lsr14.org/planned-giving/. Or reach out to Lucy Koesters, Chief Business Development Officer at lkoesters@lsr14.org.

Left: Jim Plitz, Scott Waters, and Dave Lobeck offered expert financial and estate planning advice at our Legacy Builders workshop in November 2024.



MATHES PHARMACY

KEEPING YOU SAFE WITH FREE HOME DELIVERY!

Locally owned and operated for over 90 years

Curbside Pick-up | Free Home Delivery
Medical Equipment

New Albany 812-944-3612 | Georgetown 812-923-8845
mathespharmacy.com



VIVERA
senior living

NEVER MISS OUR NEWSLETTER!

SUBSCRIBE

Have our newsletter emailed to you.



Visit www.mycommunityonline.com

Affordable assisted living apartments for 62 and older in the heart of Jeffersonville.

Private and Medicaid options available.

Give us a call today to learn more!

812-590-0050

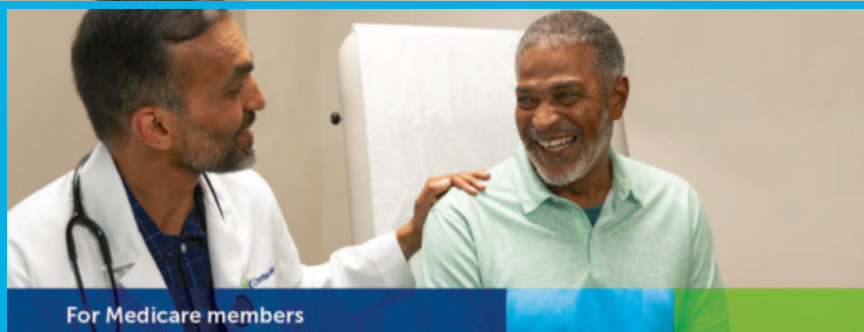
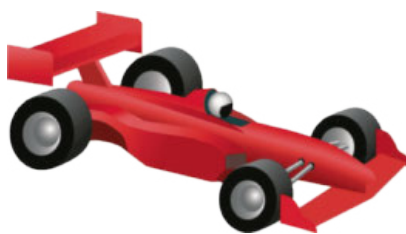


SAVE THE DATE: SENIOR GAMES - JUNE 2-6, 2025



Seniors, start your engines and mark your calendars for **June 2-6, 2025** for some Indy 500-themed fun this summer! Senior Games will be full of competition, games and camaraderie and it is time to register! Senior Games includes events like Basketball Toss, Dance Off, Bowling, Mini-Golf, Horseshoes, Toss 'Em, Lap Walks, and more. Opening and Closing ceremonies feature a live band, vendor fair, catered lunches, door prizes, and lots of awards. All local adults age 55+ are eligible to participate in this fun and fast-paced week! The cost is only \$20 for the entire week and includes a t-shirt, lunches, snacks, door prizes, giveaways and, most importantly, medals!

Joining is simple; just fill out the registration form on pages six and seven of this issue and return it to LifeSpan Resources at 33 State Street, PO Box 995, New Albany, IN 47151. **For more information, contact Director of Development, Melissa Richardson at 812-206-7960 or email mrichardson@lsr14.org.**



For Medicare members

Doctors who make you feel heard, not hurried.

It's about time.

See how it feels to get **50% more** one-on-one time with your doctor.¹

We accept Original Medicare in most centers, as well as many Medicare Advantage plans, including Aetna, Anthem, Humana, UnitedHealthcare and Wellcare.

¹Comparison based on a study by American Public Health Association published in January 2021 that the average primary care exam was 18 minutes. CenterWell Senior Primary Care™ does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-320-1235 (TTY: 711). 注意:如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-877-320-1235 (TTY: 711)。



Doctors who listen and care



24/7 access to the care team



Specialist referrals

CenterWell Veterans
1020 Veterans Pkwy., Suite 700
Clarksville, IN

CenterWell New Albany
305 New Albany Plaza
New Albany, IN

Schedule your tour now
502-599-9786
Stephanie Severance



SENIOR GAMES REGISTRATION

LifeSpan Resources, Inc.
2025 SENIOR GAMES REGISTRATION FORM

This year's theme: **Seniors in the Fast Lane!**

Please mail complete form to:
 LifeSpan Resources, Inc.
 33 State St., 3rd Fl, P.O. Box 995
 New Albany, IN 47151-0995



NAME		SG Gang Member: Y N	
ADDRESS			
CITY	STATE	ZIP CODE	PHONE
CELL PHONE		PLEASE CIRCLE ONE: Male Female	
EMAIL ADDRESS:			
DATE OF BIRTH			
AGE GROUP (Please circle one): 55 – 62 63 – 70 71 – 78 79 – 86 87 & over			

Do you wish to compete for the title "Oldest Male" or "Oldest Female" participant? To be eligible you must compete in one medal competition. If so, please write "YES".

EMERGENCY CONTACT (This is mandatory. Please print.)

NAME	PHONE
------	-------

INDIVIDUAL EVENT REGISTRATION

Registration fee is **\$20.00 per person** (add \$2 for 2X; \$3 for 3X; \$4 for 4X; \$5 for 5X) – payable up-on registration. Please place a check mark in the box beside each event in which you would like to participate. Please try to keep your commitment to participate at each event you register for. This will assist us a great deal when ordering meals. **Please return registration form and payment to LifeSpan Resources by April 18, 2025 to ensure you receive a t-shirt in the proper size.**

MONDAY, JUNE 2	THURSDAY, JUNE 5
Location: Eastern Heights Baptist Church	Location: Sam Peden Community Park
<input type="checkbox"/> Opening Ceremonies 9 – 9:15 a.m. <input type="checkbox"/> Dance Contest/Lunch 9:15 a.m. – Noon Choose dances: Jitterbug Charleston Twist Waltz (slow) Freestyle (slow)	<input type="checkbox"/> Horseshoes 9 - 11 a.m. <input type="checkbox"/> Lunch/Cards & Games Noon - 4 p.m. (Eastern Heights Baptist Church)
<input type="checkbox"/> Bowling 1 - 4 p.m. (Strike & Spare, Clarksville)	Choose one game (circle): Texas Hold 'Em Pinochle Checkers Euchre
TUESDAY, JUNE 3	FRIDAY, JUNE 6
Location All Day: Charlestown Family Activities Park	Location: Eastern Heights Baptist Church
<input type="checkbox"/> Miniature Golf /Lunch 8 a.m. – Noon <input type="checkbox"/> Toss 'Em 1:00 - 3:30 p.m.	<input type="checkbox"/> Closing Ceremonies/Bingo/Awards 9 - 11:30 a.m. <input type="checkbox"/> Lunch/Vendor Fair 11:30 a.m. - 1 p.m.
WEDNESDAY, JUNE 4	
Location: Silver St. Park, New Albany	
<input type="checkbox"/> 3 Lap/6 Lap Walks/Lunch 9 a.m.– Noon → <input type="checkbox"/> Basketball Toss 1:30 p.m. – 4 p.m. (FC YMCA)	Choose (circle one or both): 3 Laps 6 Laps Assistive/Mobility Device Group: 1 Lap 3 Laps

PLEASE COMPLETE REVERSE SIDE OF FORM

SENIOR GAMES REGISTRATION CONTINUED

PLEASE COMPLETE REVERSE SIDE OF FORM

Official 2025 Senior Games t-shirts MUST be worn at all events including the Dance Contest. As with any rule, here's the exception: Closing Ceremonies does not require your 2025 Senior Games t-shirt, but only if you dress according to this year's theme: "Seniors in the Fast Lane!". **The shirts are available on a first come, first served basis.** Please circle the size you would prefer (if you require a larger size than 3X please let us know):

SMALL MEDIUM LARGE EXTRA LARGE 2 X LARGE 3 X LARGE
(2X is \$2.00 more and 3X is \$3.00 more)

T-shirts are available May 22-29, 2025 at:
LifeSpan Resources, Inc., 33 State Street, (3rd Floor), New Albany, IN 47150
Phone: 812-948-8330

Information on any additions or substitutions will be given to you when you pick up your t-shirt. You will also receive an updated schedule of events and an identification badge.

I hereby agree for myself, my executors, administrators, and assigns to indemnity and hold harmless all sponsors, officials and persons and agencies connected with the 2025 LifeSpan Resources Senior Games from all claims for damages arising in connection with my participation in the Senior Games.

I have prepared myself for the events that I have entered by practicing prior to the Senior Games. To the best of my knowledge and belief, I have no physical restrictions which would prohibit my participation in the events I have selected. I have been advised by the sponsors of the Senior Games that it would be in my best interest to consult my physician in regard to participation in the Senior Games. Sponsors and officials have my permission to have a physician attend me if it is deemed necessary during my participation in the Senior Games.

I also hereby give my permission to the sponsors of the Senior Games to use my name and/or picture in any newspaper, broadcast or any other account of the event without remuneration to me.

SIGNATURE	DATE
DOCTOR'S NAME	

Do you require any special assistance? Yes No

TRANSPORTATION

If you are in need of transportation through the LifeSpan Resources Transportation program, there will be a fee of \$4.00 per round trip. To schedule your rides please indicate below that you need a ride and **Transportation will contact you to schedule.** Ride availability is limited and will be provided on a first come first served basis.

Are you in need of transportation to your Senior Games events? Yes No

Which events (please list): _____

Schedules, registration forms and various other information are available on our website. www.lsr14.org/senior-games.



VOICE AND VINO - OCTOBER 23, 2025

SAVE THE DATE: THURSDAY, OCTOBER 23, 2025

At Caesars Southern Indiana | Doors open at 5 PM | 21+ event.



As our population ages, the demand for LifeSpan Resources and the services we provide increases. Your support of this event allows us to provide services such as Rides to Go! - our transportation service that offers medical and social transportation; Meals to Go! - home-delivered meals service; in-home case management, and many other services promoting independent living throughout our four-county region.

Sponsorships now available!
Hurry, this event WILL sell out!!

Be sure to reserve your seat now for LifeSpan Resources Season 8 of Voice and Vino at the Casino, voted best Charitable event twice by readers of the News and Tribune!



Click the QR Code above to learn more about our sponsorship levels, or contact **Melissa Richardson**, Director of Development at 812-206-7960 or email mricharson@lsr14.org.

FREE EDUCATIONAL WORKSHOPS

Attendees receive a FREE CONSULTATION

Virtual and on - line Options available

Check website: timmellaw.com

or

Call 812-590-2771 for availability.

TIMMEL

ASSOCIATES, LLC

Your legal team for Estate Planning & Elder Law

- Estate Planning & Asset Protection
- Elder Law-Medicaid
- Probate & Estate Administration



Peggy Timmel
Attorney



Michele Stengel
Retired Judge



Jessica Richards
Attorney

 : facebook.com/TimmellawLLC

2733 Charlestown Road

New Albany, IN 47150

917 Lily Creek Road

Louisville, KY 40243

Licensed in Indiana & Kentucky



NUTRITION AWARENESS MONTH



Each year LifeSpan Resources celebrates Nutrition Awareness Week in March with a variety of activities within our congregate centers, and 2025 is no exception. Across the state, all Area Agencies on Aging will celebrate with a special meal and nutrition education for Nutrition Awareness Week. This year's theme is *Oral Health: Nutrients of Concern*. On Wednesday, March 19, we will serve a healthy meal of Chicken Cordon Bleu, asparagus, roasted red skinned potatoes, mixed fruit and milk to accompany the nutrition focus in all of our congregate meal sites. Our local elected officials and dignitaries

are invited to come to a site, have lunch with our seniors, and celebrate the amazing accomplishments of the Senior Nutrition Program.

In addition, a variety of activities will take place throughout the week. Special nutrition education programs will be presented during the event.

For more information, or to have lunch at a congregate site, please contact the site manager at the location you wish to attend. Pre-registration is required by Wednesday, March 12 and we ask for a \$3 donation for lunch.

- ◆ **Yellowwood Terrace - Tracy Lehman**, 812-704-2644
- ◆ **Jefferson Park - Patricia Corbett**, 502-741-5477
- ◆ **Mark Elrod Towers - Robert Ludolph**, 812-697-8032
- ◆ **Joe Rhoads Center - Rick Haines**, 812-738-7603
- ◆ **Bacala Center - Dixie Robinson**, 812-206-7970

One-on-one help with your Medicare questions.

Tom Leix, myuhcagent.com
 Licensed Sales Agent
8553320760, TTY 711



Y0066_SPRJ83893_C

ASSISTED LIVING AND SO MUCH MORE



Harrison Springs Health Campus
 812-625-7284 • Corydon, IN

The Villages at Historic Silvercrest
 812-302-8231 • New Albany, IN

Autumn Woods Health Campus
 812-302-8272 • New Albany, IN

trilogyhs.com •



SonBlest Elder Care
 — Established 1991 —
Non-Medical Caregivers To Your Home



3-24 hour non-medical caregiver services at reasonable rates

- Personal Care • Meal Preparation • Med Reminders
- Light Housekeeping • Companionship • Errands



Locally Owned & Operated Since 1991 • No Contracts • No Deposits • No Sales Pitches

812-283-7015 • www.sonblesteldcare.com
 Call 24/7 • All Workers Fully Screened

YOU CAN STOP TRACK TRAGEDIES.



OLI.ORG

#RAILSAFETY



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Life Span Resources, New Albany, IN E 4C 01-2036

STAFF LONGEVITY AWARDS

Staff Recognition

Last fall LifeSpan Resources celebrated staff members during the Fall All Staff Meeting. The following staff members were recognized for their years of service:

40 Years - Kenny Sizemore, Transportation Lead Driver

25 Years - Jennifer Kuchenbrod, Care Manager

20 Years - Carol Vance, Care Manager Supervisor

15 Years - Kina McKinney, Finance Associate

10 Years - Michelle Edmondson, Care Manager; **Nanette Schmitt**, ADRC Team Lead; **Rick Haines**, Nutrition Health & Wellness Coordinator

5 Years - Abbie Hewitt, Options Counselor, **Joni Stafford**, Care Coordinator, **Jim Holtman**, Transportation Dispatcher, **Diego Flores**, Transportation Driver, **Tom Campbell**, Transportation Driver, **Alexis DeWitt**, Care Coordinator,

Jordan Davidson, Care Coordinator, **Danny Hylton**, Program Assistant and **Larry Morris**, Transportation Driver.



Left: Lora Clark, CEO and Kenny Sizemore. Middle: Lora Clark, CEO and Jennifer Kuchenbrod. Right: Lora Clark,

Dementia LIVE Training Available

Jamie Fried, Wellness Projects Coordinator, recently conducted a Dementia Live workshop for the Harrison County Health Department. Dementia Live is a new program and is a dementia simulation experience that immerses participants into life with dementia, resulting in a deeper understanding of what it's like to live with cognitive impairment and sensory change. Call 812-948-8330 to schedule your FREE workshop for up to 16 people. Ask for Jamie Fried.



www.clblegal.com

CLLB Law
318 Pearl St Ste 200, New Albany, IN 47150
(812) 250-9937



CLLB Law
2207 Concord Avenue
Corydon, IN 47112

Estate Planning & Probate • Long Term Care Planning • Medicaid Crisis Planning & Eligibility • Veteran Benefits • Family Law • Real Estate Law • Civil/Criminal Litigation.

Whether it is discussing options for after you're gone or protecting your assets as you grow older, we are here to help give you peace of mind.



ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized
Provider

SafeStreets

833-287-3502

IF YOU LIVE ALONE

MDMedAlert!TM

At HOME and AWAY!

- ✓ Ambulance
- ✓ Police
- ✓ Family

"STAY SAFE in the HOME YOU LOVE!"

✓ GPS & Fall Alert

CALL NOW!



800.809.3570

md-medalert.com

STARTING AT
\$19⁹⁵
/mo.



AccessiCare

Elder Home Care



Jon Baker
US Veteran,
Owner



Debra Baker
RN,
Owner

AccessiCare offers 24 hour, 7 days a week, non-medical, personal home care to provide that extra support and help to make staying home a possibility.

Locally owned by a Registered Nurse and U.S. Veteran. Our caregivers are drug tested, nationally background checked and trained in caregiving skills and dementia/Alzheimer's care.

AccessiCare offers a wide range of services:

- Light housekeeping • Meal Preparation • Bathing Assistance
- Hair Care • Dressing • Bathroom assistance
- Feeding assistance • Laundry • Medication reminders
- Transportation to non-medical appointments and errands
- Companion/conversation • Respite care • Safety

Call 812 725-3843

to schedule a free assessment today!

ARE YOU REACHING THE MEMBERS IN YOUR COMMUNITY?

To advertise here
visit lpicommunities.com/adcreator



LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

CONTACT ME
Dan Goben

dgoben@lpicommunities.com

(800) 950-9952 x2633

Westminster Village Kentuckiana

A Multi-Level Retirement Community in Clarksville, IN

Residential Living

1 Bedroom: \$2,135* 2 Bedroom: \$2,400*

*includes basic utilities only, call for details

These apartments are ideal for older adults who desire the flexibility of living independently. Take advantage of amenities such as light housekeeping, transportation, activities, live entertainment, an evening meal in our beautiful dining room.

Assisted Living

- Three Meals a Day
- Medication Administration
- 24-Hour Support
- Housekeeping & Transportation

Medicaid Waiver Accepted

812-282-9691

TDD 1-800-545-1833 x359 | Language Assistance Services 562-257-5255 | Marketing Calls 813-820-0486

www.Westminsterhealth.org

ALF/SNF License # 19-000100-1



SUPPORT OUR ADVERTISERS!



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Life Span Resources, New Albany, IN G 4C 01-2036

IN THIS ISSUE

Upcoming Events

Crecelius Board Recognition

Planned Giving

Senior Games 2025

Senior Games Registration

Voice and Vino Save the Date

Nutrition Awareness Day

Staff Longevity Awards

Don't forget to make your tax-deductible donation. Thank you!

PLEASE consider putting LifeSpan Resources in your will or making a Planned Gift. Know that you will be supporting your community friends and neighbors in need for many years to come. For more information, contact **Lucy Koesters, Chief Business Development Officer**, at lkoesters@lsr14.org.



Donate online at our website www.lsr14.org OR mail in your donation with the form below:

Donor Name:	Phone:
Address:	City, State, Zip Code:
Amount of Gift:	Do you wish to remain anonymous? (Circle) Yes No
This gift is in HONOR/MEMORY of (Circle):	
Send an acknowledgement of donation to Name:	
Address:	City, State, Zip Code:
I would like more information on creating a planned gift legacy to support LifeSpan Resources.	

All donations can be mailed to (include this form please):
LifeSpan Resources, Inc.
P.O. Box 995, New Albany, IN 47151-0995