

LifeNotes

LIFESPAN RESOURCES NEWSLETTER

Summer Issue 2025

LifeSpan Resources

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New Albany, Indiana 47150

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Website www.lsr14.org



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Main Office Hours

Monday - Friday 8am - 4:30pm

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Governor Braun Signs HEA 1391 at LifeSpan Resources

On July 1, **Governor Mike Braun** visited LifeSpan Resources to sign House Enrolled Act 1391 into law, which modernizes the CHOICE program for the aged and disabled. He was welcomed by **State Representative Ed Clere**, who authored the bill, along with sponsors and co-authors **Senator Chris Garten**, **Senator Gregory Goode**, **State Representative Lori Goss-Reaves** and **State Representative Wendy Dant-Chesser**. The governor signed the bill into law in front of a standing room only crowd filled with CHOICE program participants, FSSA officials, **IAAAA Interim CEO Hannah Carlock** and **RJL Government Relations Manager Derion Searcey**, and AAA representatives from all over the state of Indiana, including: **Jennifer Malone**, **Chris Myers**, **Lisa Schneekloth**, **Erin Thomas**, **Jenny Hamilton**, **Laura Holscher**, **Kelly Walter** and **Ryan Keller**. In addition, many LifeSpan Resources Board, Advisory Council and staff members attended. Thank you, **State Representative Clere** for your leadership on this important bill for our older adults and individuals with disabilities!



MONTHLY CELEBRATIONS

July - September Celebrations

July 4 - Independence Day

September 1 - Labor Day

September - Healthy Aging Month

September - National Suicide Prevention Month

September 7-13 - National Assisted Living Week

LifeSpan Resources will be closed on Friday, July 4 for Independence Day, and Monday, September 1 for Labor Day.



Board of Directors

The Rev. Tony Toran - President, At-Large
Tonya Fischer - Vice President, Floyd County
Chris Schwaniger - Treasurer, Harrison County
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Dr. Deepak Azad, At-Large
Mayor Jeff Gahan, Floyd County
Annette Roberts, At-Large
Doug Drake, Clark County

Advisory Council

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Beth Preher, Vice - President, Floyd County
The Rev. Dr. Albert Cole - Secretary, Clark County
Joyce Cain, Clark County
State Rep. Ed Clere, Floyd County
Michelle Cochran, Scott County
Diane Clark, Clark County
Sandra Krekel, Floyd County
Leann Lindley, Floyd County
Steve Morris, Clark County
Cheryl Reagan, Clark County
Wilma Sadler-Morton, Clark County
Marti Snyder, Floyd County

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Koesters

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FROM THE CEO

To say these are challenging times in the non-profit world is a glaring understatement. Those of us who have dedicated our career to serve by having an impact on the greater good, to move the trajectory so a community can live better, safer, healthier, freer, and happier, are feeling the concerning effects of the changes taking place in 2025.

I remember the detrimental impact the fall of the stock market had on the economy in 2008 and the fallout from that bleak time. Thankfully, over time, we came out of that slump. As for our current situation, I don't feel so optimistic. The news is full of information regarding cuts to budgets, cuts to services, cuts to resources, with more cuts coming. These cuts coming from both the federal and state governments have had, and will continue to have, damaging effects to resources that have enabled access to healthcare, education, shelter, medicine, and life-saving and life-changing resources. We will all feel the effects of these changes and it is scary. They are impacting our ability to best serve our clients and the lives of our employees.

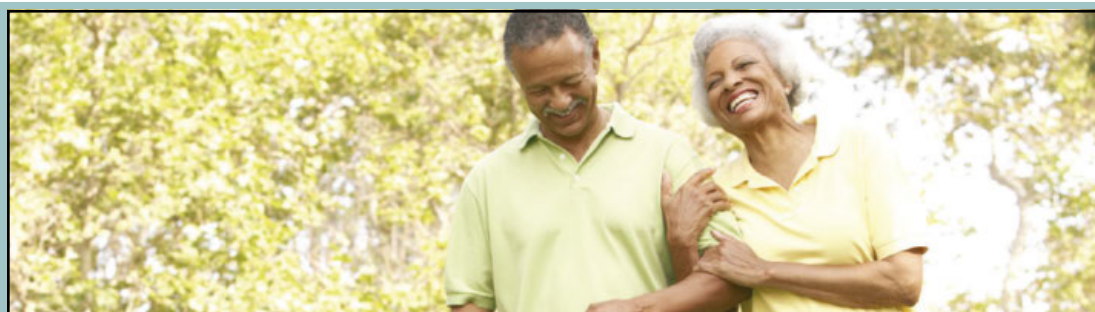
Now more than ever, we need friends of LifeSpan Resources, current and former clients, family members and community partners, to raise their voice for Area Agencies on Aging. We need you to share with legislators how this agency has helped provide resources to a vulnerable population so that they may live safely and independently in their home while enjoying a quality way of life. **This is called advocacy and advocacy works. As the saying goes, "Power in numbers." We need your help!**

On a more positive note, I experienced my first Senior Games in June and I was not disappointed! I got to see and meet many of the individuals who utilize our services, participate in the monthly Senior Squad, and are regulars at this annual event. From the dance contest to mini-golf to the games, it was evident participants were having a great time in the "fast lane"! Some won medals, some surprised themselves with a hole in one or a strike or a great hand at cards, some got to dance the Hokey Pokey, and many enjoyed the week connecting or reconnecting with friends. I enjoyed the smiles and the laughter! **After a week of celebrating the Indy 500 theme with racing, exercising, and competing, I am already looking forward to what the 40th Annual Senior Games will bring in 2026!** Thanks to all who participated in and helped plan this week of fun!

Meredith Lambe, MPA, CEO



Meredith Lambe



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LSR BOARD & ADVISORY COUNCIL UPDATES

Reker Steps off Board of Directors



At the June board meeting, **Lynn Reker** stepped off the LifeSpan Resources Board of Directors. Lynn has been on the board since 2022. We are so appreciative of her dedication and support of our organization.

Thank you, Lynn!!

Pictured are (left to right): Board President, Rev. Tony Toran, Lynn Reker, and LifeSpan Resources CEO Meredith A. Lambe.

Two Added to Advisory Council

At the June meeting, **Leann Lindley** and **Steve Morris** were added to the Advisory Council.

Leann is the Tri-County Coordinator for the Retired Senior Volunteer Program (RSVP) a program of Hope Southern Indiana. She has worked in this position for nearly 8 years recruiting and placing volunteers in Clark, Floyd and Harrison counties. She enjoys meeting new people and providing opportunities for seniors to rediscover their purpose and meaning through volunteering in their communities.

Steve Morris, is a retired Superintendent at Lanesville Community Schools. He currently serves on the AARP State Legislative Team and the AARP Federal Advocacy Bench.

Welcome, Leann and Steve!



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THANK YOU, GRANT FUNDERS

The **Duke Energy Foundation** recently announced a \$10,000 grant to LifeSpan Resources to be used to support our Congregate Center Site Meal Program. This program ensures that older adults who reside in senior-focused housing or visit county senior centers have the opportunity to receive nutritionally balanced meals during lunchtime, Monday through Friday, at one of our five congregate sites in Clark, Floyd, Harrison or Scott counties.



Thank you, Duke Energy!



LifeSpan Resources recently received a \$5,000 grant from the Glick Community Relief Fund, a grant program of Glick Philanthropies that supports local non-profit organizations increasing access to basic needs. This grant focused on our commitment to providing healthy, nutritious meals in our five local Congregate Sites throughout our four-county region. **Thank you, Glick Philanthropies!**

LifeSpan Resources would like to thank **Home Instead of New Albany** for generously donating \$10,000 toward our Nutrition program. These funds will be used for our meals programs for older adults and those with disabilities.



Thank you, Home Instead! We are so grateful for your support!

The **Floyd County Legacy Foundation** recently awarded LifeSpan Resources \$35,138 to support vehicle matching funds for two new wheelchair-equipped vans. These vehicles will allow LifeSpan Resources to continue providing life-enhancing medical and social trips for older adults and those living with disabilities.



Thank you, Floyd County Legacy Foundation! We appreciate your support!

Thank you



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VOICE AND VINO - OCTOBER 23, 2025

SAVE THE DATE: ★ THURSDAY, OCTOBER 23, 2025 ★

At Caesars Southern Indiana | Doors open at 5 PM



LIFESPAN RESOURCES
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Be sure to reserve your seat now for
LifeSpan Resources Season 8 of
Voice and Vino at the Casino, voted
best Charitable event twice by
readers of the News and Tribune!

As our population ages, the demand for LifeSpan Resources and the services we provide increases. Your support of this event allows us to provide services such as Rides to Go! - our transportation service that offers medical and social transportation; Meals to Go! - home-delivered meals service; in-home case management, and many other services promoting independent living throughout our four-county region.

Sponsorships now available!
Hurry, this event WILL sell out!!



Click the QR Code above to learn more about our sponsorship levels and tickets or to donate to your favorite performer, or contact **Melissa Richardson**, Director of Development at 812-206-7960 or email mrichardson@lsr14.org.

Early Bird tickets available for \$100 until August 15! Get yours today by clicking on the QR Code above!

Meet the Singers



**Adam
Christian**



**Jim
Donnelly**



**Stephen
Fernung**



**Julie
Hammond**



**Stephanie Arnold -
Breger & Micah Arnold**



**Emily
Siler**



**Vicki Rogers &
Dr. Tom Menendez**



Coming
Soon

Kiera Hall

SENIOR GAMES/NURSING HOME GAMES

Senior Games & Nursing Home Games 2025 Wrap Up

We had a blast celebrating the Indy 500 this year for Senior Games and Nursing Home Games 2025. Special thanks to **Glenn Luckett** and the Salem Speedway for arranging to bring us a race car for closing ceremonies! The car (pictured below) is owned by S&R Towing and is driven by **Kylie Raggard**. She races in the Young Guns Crown Vic Division that races at the Sportsdrome and Salem Speedway! Also, thank you to Charlestown Place for hosting Nursing Home Games. Check out pictures from both events below.



SENIOR GAMES 2025 WINNERS

Queen:
Debbie Payton
King:
Bill Pickhart



Oldest Participants:
Florence Rayman - 97
Merwyn Fisher - 88



**Congratulations to our
2025 winners!**



Most Medals



55 - 62:
Theresa Simmons
No Male Participant

63-70:
Mary Chris Rodden
Bill Pickhart

71-78:
Debbie Payton
Everett Timberlake

79-86:
Patricia Howard
Ron Smith

87+:
Dolly Adams
Merwyn Fisher

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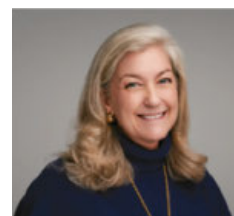
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DEMENTIA TRAINING OPPORTUNITIES

Dementia LIVE

Jamie Fried, Wellness Projects Coordinator, provides Dementia Live workshops free of charge for the community. Dementia Live is a new program and is a dementia simulation experience that immerses participants into life with dementia, resulting in a deeper understanding of what it's like to live with cognitive impairment and sensory change. Call 812-948-8330 to schedule your FREE workshop for up to 16 people. Call 812-67-3942 and ask for Jamie Fried or email jfried@lsr14.org for more information.



Dementia Friends Workshop

A Dementia Friend is someone who wants to make a positive difference in the lives of people living with dementia through awareness and support. Dementia Friends seek to advance education and awareness of dementia, reduce the stigma associated with the disease, and create community environments that are welcoming for those living with dementia. Let us hold a free in-person workshop at your workplace. These workshops are also available to private groups or organizations FREE of charge. Contact Jessica Meyer at jmeyer@lsr14.org for more information.

Photo Above: Lucy Koesters and Ramona Miller, Dementia Friends Champions, recently completed a Dementia Friends training for the public at the Floyd County Library.



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From the CEO

Board and AC Updates

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Voice and Vino Singers

Senior Games Photos

Senior Games Winners

Thank you, SG Sponsors

Dementia Programs

Don't forget to make your tax-deductible donation. Thank you!

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