

Mark Elrod Towers  
1 Wolfe Trace  
New Albany IN 47150  
Site Mgr. Trish Corbett  
812-697-8032

# OCTOBER | 2025

## Mark Elrod Congregate Center Activities



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	1 Talk and Share 10:30 AM	2 Game Day 10:00 AM	3 Talk and Share 10:30 AM
6 Chair Yoga 10:30 AM	7 Talk and Share 10:30 AM	8 Talk and Share 10:30 AM	9 Blood Pressure Check w/ Nikki from Hillcrest Village 10:30 AM	10 Get your prize Friday 11:00 AM
13 Peas and Carrots Nutrition Education 11:00 AM	14 Word Search 10:00 AM	15 Medicare Enrollment w. Rhonda 10:15 AM	16 Medicare Enrollment w/ Angelia 9:00 – 1:00 PM	17 Nutrition Education 11:00 AM
20 Talk and Share 10:30 AM	21 Chair Yoga 10:30 AM	22 Word Search 10:00 AM	23 Bingo w/ Nikki from Hillcrest Village 11:30 AM & Medicare Enrollment w/ Angelia 9-1 PM	24 Talk and Share 10:30 AM
27 Talk and Share 10:30 AM	28 Flu Shots w/ Karen 10:00 AM & Floyd County Health Dept. B/P checks 11:00 AM	29 Talk and Share 10:30 AM	30 Word Search 10:00 AM	31 Happy Halloween



### Congregate Meal Site

*Flu Shot  
Awareness Month*

*Notes;*  
**Lunch Served  
M-F @ 11:00 AM  
Reservations  
Required w/  
Week Notice**

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