

Jefferson Park
2125 E 10th St
Jeffersonville IN 47130
Site Mgr. Traci Lehman
502-741-5477

NOVEMBER | 2025



Jefferson Park Congregate Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Lunch Chat 10:00-12:00PM	4 Bingo w/ Tim 12:00 – 1:00 PM	5 Lunch Chat 10:00-12:00PM	6 Pre Diabetes Puzzle Day 12:00 PM	7 Lunch Chat 10:00-12:00PM
10 Chair Yoga w Avery & Bailey Pro Rehab 12:00-1:00 PM	11 Peas and Carrots Nutrition Ed 12:00 PM	12 Stuff a Bear RSVP 12:00-1:00 PM	13 Purdue Nutrition Air Fryer 101 12:00 PM	14 Lunch Chat 10:00-12:00PM
17 Mike ASB 10:30-12:00 PM	18 Lunch Chat 10:00-12:00PM	19 Nutrition Education 12:00 PM	20 Clark County Blood Pressure Check 10:00 – 11:00 & CenterWell Bingo 12:00-1:00 PM	21 Lunch Chat 10:00-12:00PM
24 Lunch Chat 10:00-12:00PM	25 Dr. Hendrix Foot Doctor 11:00 AM	26 Lunch Chat 10:00-12:00PM	27 Closed	28 Closed

LifeSpan
RESOURCES
Promoting Independent Living for People of all Ages.
A member of the  connect Alliance.
Congregate Meal
Site

*Diabetes
Awareness Month*

Notes:

**Lunch Served
M-F @ 11:30
Reservations
Required w/
Week Ahead
Notice**