



# FEBRUARY | 2026

## Joe Rhoads Senior Center-Corydon Activities

Joe Rhoads Senior  
Center  
123 S. Mulberry St.  
Corydon, IN 47112  
Rick Haines, Site  
Mgr. 812-738-7603

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|   |   |   |                                       |   |
|---|---|---|---------------------------------------|---|
| 2<br>Tai Chi for Arthritis<br>10:15 AM  | 3<br>Lunch Chat<br>10:00-12:00PM                          | 4<br>Bingo w/ Harrison<br>Springs<br>12:30 PM                                     | 5<br>Lunch Chat<br>10:00-12:00PM      | 6<br>Tai Chi for Arthritis<br>10:15 AM  |
| 9<br>Tai Chi for Arthritis<br>10:15 AM  | 10<br>Peas and Carrots<br>Nutrition Education<br>11:30 AM | 11<br>Urinary Incontinence<br>w/ P.T. Jessica<br>11:30 AM                         | 12<br>Feel Good Bingo<br>11:00 AM     | 13<br>Tai Chi for Arthritis<br>10:15 AM |
| 16<br>Tai Chi for Arthritis<br>10:15 AM | 17<br>Lunch Chat<br>10:00-12:00PM                         | 18<br>B/P Checks<br>w/ Health Dept.<br>11:00 AM<br>&<br>Bingo w/ Irma<br>12:30 PM | 19<br>Nutrition Education<br>11:00 AM | 20<br>Tai Chi for Arthritis<br>10:15 AM |
| 23<br>Lunch Chat<br>10:00-12:00PM       | 24<br>Healthy Heart<br>Awareness<br>11:00 AM              | 25<br>Physical Therapy<br>w/ HCH<br>11:00 AM                                      | 26<br>Lunch Chat<br>10:00-12:00PM     | 27<br>Tai Chi for Arthritis<br>10:15 AM |



**Congregate Meal  
Site**

***Healthy Heart  
Awareness Month***

***Notes:***

**Lunch Served  
M-F @ 11:30 AM  
Reservations  
Required w/  
Week Notice**