



# MARCH | 2026

Joe Rhoads Senior Center  
 123 S. Mulberry St.  
 Corydon, IN 47112  
 Rick Haines, Site Mgr.  
 812-738-7603

## Joe Rhoads Senior Center-Corydon Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Tai Chi for Arthritis 10:15 AM	<b>3</b> Lunch Chat 10:00-12:00PM	<b>4</b> Bingo w/ Harrison Springs 12:30 PM	<b>5</b> Lunch Chat 10:00-12:00PM	<b>6</b> Tai Chi for Arthritis 10:15 AM
<b>9</b> Tai Chi for Arthritis 10:15 AM	<b>10</b> Lunch Chat 10:00-12:00PM	<b>11</b> Nutrition Education 11:00 AM	<b>12</b> Lunch Chat 10:00-12:00PM	<b>13</b> Tai Chi for Arthritis 10:15 AM
<b>16</b> Tai Chi for Arthritis 10:15 AM	<b>17</b> Family Feud 10:45 AM	<b>18</b> Nutrition Awareness Day & B/P Checks w/ Health Dept. 11:00 AM	<b>19</b> Phillip Payne Speaker	<b>20</b> Tai Chi for Arthritis 10:15 AM
<b>23</b> Tai Chi for Arthritis 10:15 AM	<b>24</b> Lunch Chat 10:00-12:00PM	<b>25</b> Lunch Chat 10:00-12:00PM	<b>26</b> Birthday Parties Ice cream and Cake	<b>27</b> Tai Chi for Arthritis 10:15 AM
<b>30</b> Tai Chi for Arthritis 10:15 AM	<b>31</b> Lunch Chat 10:00-12:00PM	<b>1</b>	<b>2</b>	<b>3</b>



### Congregate Meal Site

### *Nutrition Awareness Month*

#### *Notes:*

**Lunch Served  
 M-F @ 11:30 AM  
 Reservations  
 Required w/  
 Week Notice**