



# FEBRUARY | 2026

## Jefferson Park Congregate Activities

Jefferson Park  
2125 E 10<sup>th</sup> St  
Jeffersonville IN 47130  
Site Mgr. Traci  
Lehman  
502-741-5477

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2  Bingocize 12:00-1:00 PM	3  Bingo w/ Tim 12:00 – 1:00 PM	4  Foot Doctor Dr. Hendrix 10:45 AM	5  Bingocize 12:00-1:00 PM	6  Lunch Chat 10:00-12:00PM
9  Chair Exercise w/ Bailey 12:00 PM	10  Trivia w/ Nikki 12:00 – 1:00 PM	11  Bingocize 12:00-1:00 PM	12  American Heart Month 12:00 PM	13  Bingocize 12:00-1:00 PM
16  Bingocize 12:00-1:00 PM	17  Blood Pressure & Blood Sugar Check w/ Nikki 12:00 PM	18  Bingocize 12:00-1:00 PM	19 Clark County Blood Pressure Check 10:00 – 12:00 & Nutrition Education 12:00 PM	20  Feel Good Bingo 12:00 PM
23  Chair Exercise w/ Bailey 12:00 PM	24  Bingo w/ Nikki 12:00 – 1:00 PM & Peas and Carrots 12:00 PM	25  Bingocize 12:00-1:00 PM	26  Bingo w/ Steven 12:00 – 1:00 PM	27  Bingocize 12:00-1:00 PM



**Congregate Meal**  
**Site**

*Healthy Heart  
Awareness Month*

*Notes:*

**Lunch Served  
M-F @ 11:30  
Reservations  
Required w/ Week  
Ahead Notice**