



2025 Annual Report



LifeSpan Resources serves the Indiana counties of Clark, Floyd, Harrison, and Scott.

LIFESPAN RESOURCES 2025 HIGHLIGHTS AND ACHIEVEMENTS

Treasuring What Matters - In Every Season

We share a passion for the holidays and the joy that music, decorations, food, wintry weather, and overall goodness and fellowship bring with the onset of the holiday season. It's the "feel good" feeling that we appreciate along with the opportunity to share our memories and treasured moments of the season, warming our hearts and reminding us of times less hectic.

As we enter into 2026, it is our hope to continue that "feel good" feeling throughout the year, not only during the months of November and December. The work we do at LifeSpan Resources ideally provides that "feel good" feeling, letting our community members know we value them and their care; and work to help them live comfortably, safely and independently.

Along those same lines, just as a season can be treasured, so can the value of services and the individuals who provide them. LifeSpan Resources has been a treasured organization for over five decades, supporting individuals in the southern Indiana community who want to remain in their homes but need extra assistance to do so safely. Along the same note, LifeSpan Resources treasures our community members, dedicated and passionate

staff, committed volunteers, and all those who champion the work we do and enable us to have the impact we have.

As another year wraps up and a New Year begins to unfold, we are thankful for the treasures that make the days meaningful, bring hope, goodness and joy to the lives of many, and give reassurance when needed.

Thank you for your treasured support! Best wishes for a healthy, safe and peaceful 2026!

Cheers to you -

Meredith Lambe

Meredith A. Lambe
Chief Executive Officer



Anthony B. Toran

Rev. Anthony B. Toran
President, Board of Directors



Agency Administrative Highlights:

- Successfully advocated for HEA1391 which retained CHOICE funding for the AAA network, culminating in a celebratory signing by Governor Braun at the main offices of LifeSpan Resources in July.
- Hosted an advocacy training session for staff, board and advisory council members, hosted by Hannah Carlock, Vice President of Public Affairs & Association Management, RJL Solutions.
- Submitted our 2026-27 Area Plan to the State Bureau for Better Aging, held a public hearing for the plan this summer, and the plan was accepted in October.
- Contracted with a nationally-recognized health care consultant to explore becoming a Medicare Part B and Medicare Advantage plan provider.
- Hosted community health care forum to explore partnership and program development needs and opportunities in the community.
- Added several new Board and Advisory Council members, who bring enhanced professional skills to our agency, including legal, financial, health care, community health, and eldercare expertise.
- Received a record dollar amount in local grant funding for programs such as transportation, congregate nutrition and others.
- Held third annual volunteer appreciation event at the Cardinal Ritter Neighborhood Event Center in New Albany in April with over 40 agency volunteers attending.
- Kristin Troyer Ems, past President of our Advisory Council, was named a 2025 Golden Hoosier. The Golden Hoosier Award is the highest honor bestowed upon a senior citizen from the Lt. Governor in Indiana.

Case Management/ADRC/In Home Services Highlight

- Held 7th annual vendor fair in the spring at St. Marks United Church of Christ, allowing our staff case managers to learn more about the local service providers caring for our clients. Forty In Home Services Providers/Vendors participated.
- Successfully completed the application and discovery process for re-certification of our NCQA accreditation in October and obtained three-year accreditation in December 2025.
- Jessica Meyer, ADRC Supervisor, was selected as one of three Indiana state-wide experts on testing the technology for the Bureau of Developmental Disabilities' (BDDS) new data portal.

- Promoted one of our case management supervisors to a new role of Business Development and Operations Manager, overseeing case managers, options counselors, and new business initiatives.

Nutrition and Wellness Highlights:

- Continued the successful launch of our first new congregate center in over 10 years in an underserved part of our service area: Jefferson Park in Jeffersonville. The center has quickly added participants and popular wellness programs.
- Expanded evidence-based health and wellness and socialization programs including Stepping On and Bingocize, created an ongoing American Mahjong group, and certified three additional congregate site managers in the evidence-based Tai Chi for Arthritis program.
- Expanded dementia programs, including Dementia Friends, Dementia Live and added a Dementia Outreach Specialist, allowing us to create a local dementia resource list, and expand our education, outreach and support for those caring for dementia patients. Conducted training with Ivy Tech Community College Nursing and Social Sciences students.
- Promoted from within a new Nutrition and Wellness Supervisor in October, allowing us to have staff specifically dedicated to enhancing, expanding and marketing overall wellness programs.

Transportation Highlights:

- All drivers completed hands-on training regarding loading and unloading wheelchair clients safely along with personal assistance training provided by RLS and Associates (RTAP). All passed written and hands-on experience tests.
- Took delivery of two new 2024 all-wheel-drive Ford Transits from Superior Van and Mobility in Louisville, KY, partially funded through the Enhanced Mobility of Seniors and Individuals with Disabilities: Section 5310 Federal Formula Funds Grant administered by TARC.
- Received approval from TARC through the Federal 5310 grant for reimbursement for operating costs up to \$150,000.
- Received grant funds totaling over \$100,000 for vehicle reimbursements and operating costs.
- Promoted from within a new Transportation Supervisor in October, allowing us to have specific staff dedicated to enhancing and expanding this very important community need.

Marketing, Fundraising and Community Outreach Highlights:

- Senior Games – Seniors in the Fast Lane – a fun racing theme culminating with an actual race car at Closing Ceremonies. Over \$51,000 sponsorship dollars secured.
- Expanded the Senior Games Squad program by adding several new monthly events throughout the year and presented a float in the Harvest Homecoming Parade for the first time in twenty years.
- Voice and Vino Season 8 - our most successful season ever with \$150,000 brought in total for the event.
- Our annual holiday client gift program, the Senior Angel Tree, continued to expand and be a beacon of hope and joy for over 120 of our neediest clients.
- The LifeSpan Resources Legacy Circle kicked off the year with a well-attended estate planning workshop; and later added a new financial investing and consulting firm, Baird Trust, who set up a Legacy account for planned gift donors.
- **LifeSpan Resources once again was voted Best In Home Assistance Agency, Best Disability Services Provider and Best Charitable Event (Voice and Vino) for the THIRD time by the readers of the News and Tribune.**

HR, IT and Fiscal Department Highlights:

- Enhanced Paylocity, our payroll system with advanced reporting capabilities, compliance, electronic onboarding and training, employee community interaction, and a host of additional resources.
- Worked extensively with our HR consultants PuzzleHR, to assist with right-sizing our agency and offered appropriate severance and transitioning packages to staff affected. PuzzleHR also provided expert guidance on internal hiring practices, leading to the successful onboarding of three new leadership positions.
- Hired a new Finance Associate who has brought a wealth of efficiency and cost savings expertise to the agency.

BOARD OF DIRECTORS

Board and Advisory members guiding the work of LifeSpan Resources are elected from throughout our four service counties, ensuring good representation.



Rev. Tony Toran
President



Chris Schwaniger
Treasurer
Harrison County



Todd Fossard
Floyd County



Annette Roberts
President - Outgoing
At-Large



Tonya Fischer
Vice President
Floyd County



Dr. Deepak Azad
At-Large



Angie Grotzbach
Clark County



Meredith A. Lambe
Ex-Officio



Melissa J. Woods
Secretary
Clark County



Doug Drake
Clark County



Steve Naville
Floyd County

2026 ADVISORY COUNCIL

Michelle Cochran
President

Steve Morris
Vice President

Marti Snyder
Secretary

Kristin Troyer Ems

Rev. Dr. Albert L. Cole

Beth Preher

Charlotte Bass

State Rep. Ed Clere

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Doug Bentfield

Michelle M. Cochran, LCSW

Cheryl Reagan

Diane Clark

Abby Day

Marti Snyder

Jennifer Krieger Caffrey

Sandra Krekel

Wilma Sadler-Morton

Joyce Cain

Leann Lindley

PROGRAMS

Fiscal Year 2025 (July 1, 2024 - June 30, 2025)

SENIOR GAMES

For nearly 40 years, LifeSpan Resources has held the annual Senior Games in June – a week-long, themed event offered to area adults age 55+. It's a fun-filled week of competitions, food, prizes and camaraderie. The "Squad" program continues the fun year round with monthly events and a holiday give back program – The Senior Angel Tree.



Senior Games Participants: 180

Senior Games Squad Members: 120

Angel Tree Gift Boxes Delivered: 120

AGING AND DISABILITY RESOURCE CENTER (ADRC)

LifeSpan Resources offers this trusted and free local resource, staffed with state-certified Options Counselors, to anyone needing unbiased information and referral to a wide array of long term support options.

ADRC total interactions: 8,040

Options Counseling interactions: 911

IN-HOME SERVICES

We coordinate numerous in-home services which allow our clients to remain living safely and independently in the homes they cherish. These services include:

- Attendant Care
- Home Delivered Meals
- Respite Care
- Adult Day Programs
- Home Health Aids
- Transportation
- Home Modifications
- Adaptive Aids and Devices
- Dementia Care Coaching
- Other support as determined by care plans

Total units of In-Home Services authorized: 232,699

CASE MANAGEMENT

Our state certified and highly trained case managers identify needs, link clients with home and community-based services, and create person-centered care plans.

Case Managed Clients: 698

Total hours of case management hours provided: 26,685



LEGAL SERVICES

We can help older adults with legal matters through our partnership with a local law firm.

Hours of Legal Services provided: 201

COMMUNITY-BASED CARE TRANSITION PROGRAM

Our Options Counseling team works with patients' discharge nurses/case managers to educate patients and connect them to resources needed for safe transition from hospital to home.

Total number of patients helped with Care Transitions: 67

LIFESPAN RESOURCES CONGREGATE CENTERS

These centers offer a nutritionally balanced lunch each weekday. Daily programs include health and wellness programs, nutrition education and many fun socialization activities including arts and crafts, cards, games and puzzles, bingo, music and much more. Registration is required (free) and donations accepted. See our website for more information.

Clark County

Yellowwood Terrace
2100 Greentree North
Clarksville, IN 47129

Clark County

Jefferson Park
2125 E. 10th St.
Jeffersonville, IN 47130

Harrison County

Joe Rhoads SeniorCenter
123 S. Mulberry Street
Corydon, IN 47122

Floyd County

Mark Eirod Towers
1 Wolfe Trace
New Albany, IN 47150

Scott County

Bacala Senior Center
69 E. Wardell Street
Scottsburg, IN 47170

DEMENTIA FRIENDS / DEMENTIA LIVE! Our comprehensive dementia support initiatives include the Dementia Friends program, Dementia Live! (an experiential program), Dementia Outreach Specialist (education and outreach for professionals and caregivers), and the Aging Brain Care program for caregivers. Our dementia support programs continue to be expanded.



FAMILY CAREGIVER PROGRAM

This program supports family caregivers in a variety of ways including Respite Care, Caregiver Education, Trualta (an online support service) and other services.

Total units of Caregiver Support provided: 12,215

Number of caregivers utilizing Trualta: 52



VOLUNTEER PROGRAM

We welcome volunteers year round to provide support in many areas of service to our clients. Some of the opportunities include:

- Administrative assistance
- Medicare counseling
- Congregate center assistants
- Senior Games: scorekeepers, meal servers, nurses for monitoring events
- Voice and Vino gala assistance
- Board of Directors and Advisory Council
- Angel Tree donations, box wrapping and deliveries
- Other volunteer functions as needed

Number of volunteers: 158

Total hours of service: 4,345



NUTRITION PROGRAM – MEALS-TO-GO

Our meals on wheels program, Meals to Go!, provides weekly boxes of nutritionally-balanced meals to individuals who are homebound, can no longer cook or have other reasons meal preparation has become challenging.

Total home delivered meals provided: 43,550



TRANSPORTATION / RIDES-TO-GO

Our program offers medical and social transportation for older individuals and those with disabilities and/or in a wheelchair.

Total trips provided: 17,909



PREVENTATIVE HEALTH

Health screenings, nutrition education and evidence-based health programs and workshops are offered in our congregate centers as well as community locations.

Health Screenings provided: 80

Units of Evidence-based health programs provided: 2,619

Units of Nutrition Education and Socialization provided: 24,577

CONGREGATE NUTRITION Our local congregate/lunch centers offer daily nutritionally balanced hot meals and chef salads, health and wellness activities, and socialization.

Total congregate meals provided: 28,169

VOICE and VINO season 8

LIFESPAN RESOURCES
ANNUAL GALA



October 23, 2025
Voice and Vino 2025 Sponsors

TITLE

Caesars Southern Indiana

GOLD

Hosparus Health | NWSB

SILVER

Baird Trust | Black Diamond Pest Control | Rep. Ed Clere | CLLB Law | Communicare | Edward Jones
First Harrison Bank | Kinship Health | MAC Construction | Mathes Pharmacy | Pediatric Plus Home
Healthcare | Vicki Rogers | The Marketing Company | Timmel Associates, LLC | Trilogy Healthcare

FRIENDS OF

DMLO CPAs | Duke Energy | German American Bank | Lindley Plumbing, Inc. | Mattox and
Wilson, LLP | Norton Healthcare | Salon B | Samtec | Bill & Elaine Sprigler | Vivera Senior Living

WINERIES



For more information and photos, visit lsr14.org/voice-vino/



LifeSpan Resources' 39th Annual Senior Games

June 2-6, 2025

This year's theme, "Seniors in the fast Lane" celebrated all things racing.

We were able to enjoy some new facilities this year and celebrated the Indianapolis 500 in style all week long.



Senior Games 2025 Sponsors

PLATINUM

Masterson's Catering
Senior Games Squad

DIAMOND

Ohio Valley Home Health
Afton Home Care, Kaiser Home Support Services, Timmel Associates, LLC,

GOLD

VNA Help at Home, Trilogy Health Services, Newcomer Funeral Home, Rep. Ed Clere, Essence Healthcare, American Senior Communities, Norton Healthcare, Hellenic Senior Living, United Healthcare, Hosparus Health, The Riverbend Community, OneStop Health Brokers, George's Pharmacy, 1st Americare Home Health

SILVER

NWSB, Assured Partners, Home Helpers, Coreforth, Mathes Pharmacy, Caesars Southern Indiana, Visiting Angels, Bridgepointe Gardens, Home Instead, VRI + Guardian Medical Medical Monitoring, First Harrison Bank

IN KIND

Floyd County YMCA, City of New Albany, City of Charlestown, Pilot Club, NARFE - New Albany, Eastern Heights Baptist Church, Kroger-Charlestown Road, Floyd County Parks and Recreation, Best Signs, Strike and Spare Family Fun Center

TSHIRT

Patty Cress

JOIN THE "SQUAD"

The Senior Games "Gang" became "The Squad" in late 2024.

The Senior Games Squad is LifeSpan Resources' membership program for area adults age 55+. The program offers an outlet for socialization and friendship development, plus health and wellness activities. Members receive free registration in the upcoming Senior Games and monthly "Members-Only" events throughout the year. For more information, contact Melissa Richardson, Director of Development, at 812-206-7960.



FINANCIALS

FISCAL YEAR 2025

(July 1, 2024 – June 30, 2025)

OUR MISSION

Promoting Independent Living for
People of All Ages

OUR VISION

LifeSpan Resources will be the key organization in Southern Indiana supporting independence and quality of life for all persons through advocacy, education and client-centered services.

INCOME

Contract/Program Income	\$7,014,264	82.91%
Grant Income	\$313,340	3.70%
Donations	\$54,800	0.65%
In-Kind Income	\$341,297	4.03%
Fundraising Income	\$170,192	2.01%
Miscellaneous Income	\$566,559	6.70%
TOTAL	\$8,460,451	100%

Expenditures

• Information & Referral	\$69,959
• Transportation	\$814,993
• Medicaid Transportation	\$331,315
• Case Management	\$279,117
• Options Counseling	\$402,840
• In-Home Services	\$1,288,782
• Medicaid Waiver	\$1,503,190
• Pathways	\$714,511
• Waiver Intake/PASSR	\$376,981
• Legal Services	\$17,145
• Health Screenings/Education	\$60,982
• Ombudsman	\$39,626
• Congregate Meals	\$501,759
• Meals To Go	\$889,739
• Administration	\$307,338
• Fundraising	\$88,185
• Family Caregiver	\$158,901
• Senior Health Ins Assist Program	\$9,486
• Anthem	\$302
• Dem Care Coach/Health & Wellness	\$162,994
• Produce for Better Health	\$69,091
• Other	\$640,195
TOTAL	\$8,727,432

Balance Sheet

ASSETS

Cash and Grant Receivable	\$10,344,804
Medicaid Receivable	\$97,135
Other Assets	\$238,658
Fixed Assets	\$522,548
TOTAL ASSETS	\$11,203,145

LIABILITIES

Accounts Payable	\$137,127
Payroll Withholdings	\$7,809
Accrued Expenses	\$274,590
TOTAL LIABILITIES	\$419,526

NET ASSETS

Temporarily Restricted	\$52,710
Unrestricted	\$10,677,465
Unrestricted Assets	\$53,444
TOTAL NET ASSETS	\$10,783,619
TOTAL LIABILITIES & NET ASSETS	\$11,203,145

GRANT FUNDING RECEIVED — *Thank You!*

- **Caesars Foundation** - \$15,172 – This grant funds transportation operations for our Rides to Go! program.
- **CDBG City of New Albany** - \$10,000 - Funds support transportation for New Albany residents.
- **Floyd County Legacy Foundation** - \$35,138 – Funds provided to support purchase of new Ford Transit wheelchair accessible vehicles for our Rides to Go! program.
- **Samtec Cares** - **\$35,138** - Funds provided to support purchase of new Ford Transit wheelchair accessible vehicles for our Rides to Go! program.
- **Duke Energy** - **\$10,000** – This grant provided funds to support meals at our Congregate meal site locations.
- **Glick Philanthropy** - **\$5,000** - This grant provided funds to support meals at our Congregate meal site locations.
- **Home Instead** - **\$10,000** - Supported Meals to Go! home-delivered meals program.
- **Walmart Spark for Good** - \$2500 - Case Management home visit supplies were provided through this grant.
- **Federal Transit Administration Enhanced Mobility of Seniors and Individuals with Disabilities TARC 5310 Grant** - \$115,404.50 - Transportation operations were funded through this grant. It provided funds to be used for fuel and vehicle maintenance.

Total Funds Received: \$228,352.50



WE THANK OUR ORGANIZATIONAL DONORS

1st Americare Home Health
Afton Home Care
American Senior Communities
America's Charities
Angel's Envy
Arnold Painting
Baird Trust
Beehive Beauty Salon
Belle of Louisville
Best Signs
Best Vineyards
Big O Tires
Big Splash Adventure
Black Diamond
Pest Control
Board and You Bistro
Braeutigam Trust
Brazerios Brazilian Steakhouse
Bridgepoint Gardens
Caesars Foundation of Floyd County
Caesars Southern Indiana
Careforth
Chandler Medicare LLC
Charlie Wilson's Appliance
Charles de Castro Memorial Foundation
Chateau de Pique Winery
Cheddar's Scratch Kitchen
City of Charlestown
City of New Albany
CDBG Grant
CLLB Law
Clucker's Restaurant
Cody Family LLC
Communicare Health Services
Concrete Lady
Cryo Lounge Louisville
Culbertson Home for Old Ladies
Culver's
Dance Louisville
Derby Dinner Playhouse
DerbyVIP
DMLO
Drake's
Duke Energy
Duke Energy Foundation
Dynamic Dental Eastern Heights
Baptist Church
Edward Jones - Greg Nash
Elder Advisers
Employees of Anthem Blue Cross Blue Shield
Employees of Caesars Southern Indiana
Employees of River Hills Economic Dev. District
Falls of the Ohio
Federal Transit Administration
Enhanced Mobility Grant
First Harrison Bank
First Watch
Floyd County Health Department
Floyd County Legacy Foundation
Floyd County Parks & Recreation
Floyd County YMCA
Frazier History Museum
Gary & Ruth Gilmore Foundation
George's Pharmacy
German American Bank
Gertie's Gowns
Glick Philanthropies
Hellenic Senior Living
Holiday World & Splashin' Safari
Home Instead
Hosparus Health
Howard Steamboat Museum
Hunter's Ridge Winery
Kaiser Home Support Services
Kendra Scott Philanthropy
Kentucky Kingdom &
Hurricane Bay
Kinkade Jewelers
Kinship PACE
Klein Family Foundation
Knights of Columbus
Kolkin Coffee Roaster Co. & Shop
Kroger Kroger - Charlestown Road La
Bodeguita de Mima Restaurant
Legacy Pizza & Bakery
Lindley Plumbing
Longhorn Steakhouse
Louisville Federation of Musicians
Louisville Furniture Company
Louisville Slugger Museum
Louisville Zoo
MAC Construction
Mark's Feed Store
Masterson's Food & Drink
Mathes Pharmacy
Mattox & Wilson Attorney at Law
McAlister's Deli
Mission BBQ
NARFE - New Albany Neck & Back Institute of Kentucky
New Albany Housing Authority
Newcomer Cremations, Funerals & Receptions
Nick Siler, Attorney at Law
Norton Clark Hospital
Norton Healthcare
Nothing Bundt Cakes
NWSB
Ohio Valley Home Health
Old 502 Winery
O'Shea's Irish Pub
Outback Steakhouse
Pediatric Plus Home Healthcare
Pilot Club
Porcini/Farmer Children's Foundation
Rainbow Blossom
RecBar 812
Riverbend
Ronaldo Jewelry
Samtec
Samtec Cares
Schimpff's Confectionary
Schmitt Furniture
Seeds & Greens Natural Market & Deli
Senior Games Squad
Stay at Home Care
Stoll Keenon Ogden
Strike & Spare Family Fun Center
Sweet Stuff Bakery
The Elderberry Company
The Marketing Company
Timmel Associates LLC
Top Golf
Torchy's Tacos
Trilogy Healthcare
Underproduction Multi-media
United Healthcare
Visiting Angels
Vivera Senior Living
Voluforms
VRI + Guardian Medical Monitoring
Walk-On's Sports Bitreaux
Walmart - Clarksville, IN
Walmart - New Albany, IN
Walmart Spark for Good
Wesbanco
Zimmerman Glass

Individual donors listed on our website at: lsr14.org/donors

Disclaimer: Every effort has been made to list all donors. If your name is not listed, please contact Melissa Richardson, Director of Development, at 812-206-7960.





JOIN OUR LEGACY CIRCLE!

Legacy Circle members are any donors who make a commitment for a planned gift to our agency. These donors are considered our "Partners in Promoting Independent Living." As part of our LifeSpan Resources Legacy Circle, you will join the top tier of our most valued supporters.

At LifeSpan Resources, we welcome the opportunity to work with you and your advisors to evaluate your charitable giving strategy. The list below contains easy giving options, each with advantageous tax benefits. Find more information about each option on our website.

There are many simple ways to make your planned gift! Together we can begin the process, determine what works best for you, choose the concepts that will help you realize your objectives, and put your planned gift in place.

We greatly appreciate your consideration of making a planned gift to support our current and future clients who need our assistance to remain independent.

- Charitable Bequest
- Gift of Stock • IRA Gift
- Gift of Retirement Account Assets
- Gift of Charitable Remainder Trust
- Gift of Real Estate
- Gift of Life Insurance

Remember: Meals on Wheels, transportation, and in-home help can be that priceless gift to make an individual's last years comfortable, peaceful, and pleasant. It's what we ALL would want!! Contact Lucy Koesters, Chief Business Development Officer, for a personal consultation at lkoesters@lsr14.org or call 812-206-7938.

Right: Volunteer appreciation event with Patty Cress, Becky Jaenichen, and CEO Meredith A. Lambe.





LifeSpan RESOURCES

*Promoting Independent Living
for People of all Ages*

A member of the INconnect Alliance.

(812) 948-8330

33 State St, New Albany, IN 47150

lsr14.org



A member of the INconnect Alliance.



INDIANA ASSOCIATION
of AREA AGENCIES on AGING

