



FEBRUARY | 2026

Yellowwood Congregate Activities

Yellowwood Terrace
2100 Greentree North
Clarksville IN 47129
Site Mgr. Robert
Ludolph
812-704-2644

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|
| 2 Coffee Chat 9:00 AM & Tai Chi For Arthritis w/ Bob 10:10 AM | 3 Coffee Chat 9:00 AM & Nutritional Education w/ Bob 11:00 AM | 4 Coffee Chat 9:00 AM & Wednesday Workout w/ Bob 10:00 AM & Carefirst Bingo 12:00 PM | 5 Coffee Chat 9:00 AM | 6 Coffee Chat 9:00 AM |
| 9 Coffee Chat 9:00 AM & Tai Chi For Arthritis w/ Bob 10:10 AM | 10 Coffee Chat 9:00 AM & Feel Good Bingo w/ Bob 12:00 PM | 11 Coffee Chat 9:00 AM & Wednesday Workout w/ Bob 10:00 AM | 12 Coffee Chat 9:00 AM | 13 Coffee Chat 9:00 AM & Game Day 11:30 AM |
| 16 Coffee Chat 9:00 AM & Tai Chi For Arthritis w/ Bob 10:10 AM | 17 Coffee Chat 9:00 AM & Nutritional Education w/ Bob 11:00 AM | 18 Coffee Chat 9:00 AM & Wednesday Workout w/ Bob 10:00 AM | 19 Coffee Chat 9:00 AM | 20 Healthy Heart Month 11:00 AM |
| 23 | 24 | 25 Carefirst Bingo 12:00 PM | 26 Coffee Chat 9:00 AM & Clark County Health Dept. 10:00-12:00 PM | 27 Coffee Chat 9:00 AM & Game Day 11:30 AM |



Congregate Meal Site

*Healthy Heart
Awareness Month*

Notes:

**Lunch Served
M-F @ 11:00
Reservations
Required w/ Week
Ahead Notice**