

812-948-8330

# MAY | 2026



## LifeSpan Resources *(all meals include ½ pint milk)*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29	30	1 <b>CLOSED</b>
4 Bourbon BBQ Meatloaf Mashed Potatoes Broccoli & Cheese Oatmeal Cookie Strawberry Applesauce Milk	5 Lasagna Parmesan Broccoli Garlic Herb Breadstick Oatmeal Cookie Tropical Fruit Milk	6 Chicken Pot Pie Winter Blend Vegetables Peaches Lemon Snack Bar Milk	7 Pulled Pork Burrito Bowl Tortilla Mandarin Oranges Milk	8 Beefy Macaroni Casserole Roasted Zucchini Whole Grain Bread Peaches Milk
11 Cheeseburger Potato Wedges Green Beans Applesauce Mustard & Ketchup Milk	12 Chicken Tenders Fiesta Beans & Corn Broccoli Florets Mandarin Oranges Bread/Margarine Milk	13 Beef Burrito Salsa Verde Black Beans & Rice California Vegetables Peaches Milk	14 Spaghetti & Meatballs Italian Green Beans Whole Grain Bread Tropical Fruit Salad Milk	15 Supreme Pizza Bowl Applesauce Whole Grain Bread Margarine Milk
18 Grilled Chicken Breast Whole Grain Bun Potato Wedges Cinnamon Apples Mayonnaise Milk	19 Denver Omelet Home Fries Apple Crumble Whole Grain Bread Milk	20 Chicken Breast Parmesan Spinach Pasta Alfredo Tropical Fruit Milk	21 Bourbon BBQ Meatloaf Mashed Potatoes Broccoli & Cheese Oatmeal Cookie Strawberry Applesauce Milk	22 Smothered Beef Steak Roasted Potatoes Peas & Carrots Whole Grain Bread Mixed Fruit Milk
25 <b>CLOSED</b>	26 Roast Turkey & Gravy Bread Stuffing Mashed Potatoes Green Beans Diced Pears Milk	27 Spaghetti & Meat Sauce Broccoli Florets Whole Grain Breadstick Margarine Grape Juice Milk	28 Cheeseburger Whole Grain Bun Potato Wedges Green Beans Applesauce Milk	29 Chicken Bacon Macaroni & Cheese Broccoli Florets Whole Grain Bread Pineapple Milk



### Congregate Meal Site

Mon -Fri  
Open to the Public  
Age 60+/Disabled  
\$3.00 Suggested  
Donation  
Order in Advance  
Reservations  
Required w/ Week  
Notice  
Hot Plate Lunch  
All Meals Meet 1/3  
of the USDA  
established by the  
Dietary Guidelines  
for Older Americans  
*Meals are planned to  
ensure low salt, low  
sugar & low fat*