

812-948-8330

JUNE | 2026



LifeSpan Resources (all meals include ½ pint milk)

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 BBQ Pulled Pork Whole Grain Bun Seasoned Black Beans Brussels Sprouts Tropical Fruit Milk</p>	<p>2 Shepherd's Pie Balsamic Brussels Bread / Margarine Pineapple Milk</p>	<p>3 Beef Ravioli Roasted Broccoli Italian White Beans Whole Grain Bread Tropical Fruit Milk</p>	<p>4 Pan Fried Chicken Mashed Potato Southern Green Beans Bread / Margarine Oatmeal Cookie Choco Milk</p>	<p>5 Sweet & Sour Pork Steamed Rice Asian Fried Vegetables Strawberry Applesauce Milk</p>
<p>8 Chicken Marsala Mashed Potatoes Peas & Onions Bread / Margarine Mandarin Oranges Milk</p>	<p>9 Hearty Chili with Beans Twice Baked Potato Oyster Crackers Grape Juice Milk</p>	<p>10 Chicken Burrito Bowl Seasoned Black Beans Fajita Vegetables Tortilla Tropical Fruit & Milk</p>	<p>11 Pot Roast Mashed Potatoes Green Beans Bread/Margarine Oatmeal Cookie Mandarin Oranges /Choco Milk</p>	<p>12 BBQ Chicken Breast Baked Pork & Beans Cabbage & Apple Slaw Peaches Whole Grain Bun Milk</p>
<p>15 Bourbon BBQ Meatloaf Mashed Potatoes Broccoli & Cheese Oatmeal Cookie Strawberry Applesauce Milk</p>	<p>16 Cheeseburger Potato Wedges Green Beans Applesauce Mustard & Ketchup Milk</p>	<p>17 Lasagna Parmesan Broccoli Garlic Herb Breadstick Oatmeal Cookie Tropical Fruit Milk</p>	<p>18 Chicken Pot Pie Winter Blend Vegetables Peaches Lemon Snack Bar Choco Milk</p>	<p>19 CLOSED</p>
<p>22 Beefy Macaroni Casserole Roasted Zucchini Whole Grain Bread Peaches Milk</p>	<p>23 Grilled Chicken Breast Whole Grain Bun Potato Wedges Cinnamon Apples Mayonnaise Milk</p>	<p>24 Chicken Tenders Fiesta Beans & Corn Broccoli Florets Mandarin Oranges Bread/Margarine Milk</p>	<p>25 Beef Burrito Salsa Verde Black Beans & Rice California Vegetables Peaches Choco Milk</p>	<p>26 Spaghetti & Meatballs Italian Green Beans Whole Grain Bread Tropical Fruit Salad Milk</p>
<p>29 Supreme Pizza Bowl Applesauce Whole Grain Bread Margarine Milk</p>	<p>30 Roast Turkey & Gravy Bread Stuffing Mashed Potatoes Green Beans Diced Pears Milk</p>	<p>1 Denver Omelet Home Fries Apple Crumble Whole Grain Bread Milk</p>	<p>2 Chicken Breast Parmesan Spinach Pasta Alfredo Tropical Fruit Choco Milk</p>	<p>3 Bourbon BBQ Meatloaf Mashed Potatoes Broccoli & Cheese Oatmeal Cookie Strawberry Applesauce Milk</p>



Congregate Meal

Site

Mon -Fri

Open to the Public

Age 60+/Disabled

\$3.00 Suggested

Donation

Order in Advance

Reservations

Required w/ Week

Notice

Hot Plate Lunch

All Meals Meet 1/3

of the USDA

established by the

Dietary Guidelines

for Older Americans

Meals are planned to

ensure low salt, low

sugar & low fat