

LifeSpan Resources Announces Free Dementia Support Program

New Albany, IN — LifeSpan Resources is now offering the Guiding an Improved Dementia Experience (GUIDE) program, a free service for individuals living alone with dementia or with a caregiver in Clark, Floyd, Harrison and Scott counties. GUIDE provides ongoing clinical and social support to improve quality of life and help individuals remain safely at home.

Through the program, participants and caregivers receive guidance from a dedicated care team, including a Nurse Practitioner and a Care Navigator.

“Wherever you are in your dementia journey, the GUIDE Care Team will be there to support you and your caregiver,” said Kelly Zolman, a Nurse Practitioner at the GUIDE Clinic.

GUIDE helps families navigate the challenges of dementia by offering:

- Dementia diagnosis and symptom management
- Improved coordination with doctors and providers
- Personalized support to help the individual with dementia stay home
- Ongoing caregiver education and support

“Caring for someone with dementia can be overwhelming for families,” said Angela Marino, Chief Operating Officer of LifeSpan Resources. “The GUIDE program connects families with specialized care coordination, caregiver education and support, clinical assistance, medication management, respite services and more, so they don’t have to face this journey alone.”

Individuals may qualify for the GUIDE program if they have a diagnosis of dementia or are experiencing memory concerns and are enrolled in Medicare Part A and B. A caregiver is not required to participate. The program is not currently available to individuals enrolled in Medicare Advantage (Part C), PACE, or Hospice services.

Families may also contact LifeSpan Resources directly for more information about eligibility and enrollment. For more information, contact Blair Redmon at guide@lsr14.org or call LifeSpan Resources at 812-948-8330.

LifeSpan Resources is the designated Area Agency on Aging serving Clark, Floyd, Harrison, and Scott counties in southern Indiana. The organization helps older adults and individuals with disabilities remain independent through services such as Meals on Wheels, transportation, caregiver support, and long-term care options counseling.