

LifeSpan Resources Updates

Kristin Ems added to LifeSpan Resources Legacy Circle



LifeSpan Resources Advisory Council member, Kristin Ems was recently inducted into the LifeSpan Resources Legacy Circle thanks to a significant annual gift and planned gift combination donation. These donations will be used to support our Meals to Go! home-delivered meals programs that serve the residents of Clark, Floyd, Harrison and Scott counties. This gift is extremely helpful to ensure LifeSpan Resources can continue to provide services to older adults and those with disabilities now to keep them living independently for as long as possible, as well as in the future of our organization.

For more information on our planned giving program, visit our [website](#).

Patty Cress, Named LSR Golden Hoosier 2026



Congratulations to Patty Cress! She was named LifeSpan Resources Golden Hoosier Award winner for 2026 at Closing Ceremonies of Senior Games last Friday. This award was given to

Patty to recognize her volunteer service in southern Indiana. Not only does Patty volunteer for LifeSpan Resources, but she also volunteers for IU Southeast and the Falls of the Ohio State Park. Thank you, Patty for your service to our community!

LifeSpan Resources Receives Grant from Floyd County Legacy Foundation



Last week, LifeSpan Resources CEO, Meredith Lambe; and Nutrition and Wellness Supervisor, Jamie Fried accepted a check for \$10,000 from the [Floyd County Legacy Foundation](#) to assist in bridging our funding gap for home-delivered meals. Thank you, Floyd County Legacy Foundation for this much needed grant!

LSR Transportation Receives Walmart Spark for Good Grant



Thank you to Walmart Clarksville for a \$2,000 Spark for Good Grant. LifeSpan Resources will use this grant to purchase tires for four of our Rides to Go! Transportation vans. Pictured are Health and Wellness Team members: Craig Von Allman, Optician, Anne Boggess, Optician, Mike Lloyd, Store Manager and Diego Flores, LSR Transportation Supervisor.

Fried Attends Nutrition Conference



Last week, Jamie Fried, LifeSpan Resources Nutrition and Wellness Supervisor, attended the NANASP (National Association of Nutrition and Aging Services Programs) in Chicago, Illinois. While there, she learned valuable skills around valuing volunteers and collaborative strategies to address food insecurity among older adults.

She is pictured with Kelsie Owen, VP, Nutrition and Population Health and Felicia Say, Nutrition and Wellness Programs Supervisor, both from Aging and In-home Services of Northeast Indiana, in Fort Wayne, Indiana.