

AUGUST | 2026

LifeSpan Resources



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 EXERCISE 10:00 EUCHRE	4 EXERCISE 10:00 RUMMIKUB	5 PERDUE EXT. 9-11	6 EUCHRE & RUMMIKUB	7 EXERCISE 10:00 EUCHRE
10 EXERCISE 10:00 EUCHRE	11 EXERCISE 10:00 RUMMIKUB	12 PERDUE EXT. 9-11	13 EUCHRE & RUMMIKUB	14 HAMPTON OAK SCREENING & BINGO 10 & 10:30
17 PEAS & CARROTS 11:00	18 EXERCISE 10:00 RUMMIKUB	19 PERDUE EXT. 9-11	20 HEALTH DEPARTMENT SCREENING 11:15	21 EXERCISE 10:00 EUCHRE
24 NUTRITION ED 11:00	25 MOVING OUTING 8:00	26 PERDUE EXT. 9-11	27 LAKE POINTE BINGO 10:30	28 EXERCISE 10:00 EUCHRE
31 NUTRITION ED 11:00	1	2	3	4

Congregate Meal
Site

***Lunch Served M-F @
11:30 AM
Reservations
Required w/ Week
Notice***