

AUGUST | 2026

LifeSpan Resources



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 COFFEE CHAT 9:00AM	4 TRIVIA 10:00AM	5 CAREFIRST FREE BINGO 12PM	6 NOURISHED NEIGHBORS 10-11:30 AMERICAN SENIOR COMMUNITIES FREE BINGO 11:45	7 COLORING 10:00AM
10 WORD SEARCH 10:00AM	11 PEAS & CARROTS	12 ROB JENKINS MEDICARE INSURANCE 10AM-1PM	13 NOURISHED NEIGHBORS 10-11:30	14 BINGO WITH MARY 10:00AM
17 GENTIVA HOSPICE BINGO 11:30	18 HEALTHY VISION AWARENESS MONTH	19 DEBUNKING THE MYTHS OF OLDER ADULT FALLS	20 NOURISHED NEIGHBORS 10-11:30	21 JEOPARDY 10:00AM
24 DARE TO CARE- MOBILE PANTRY 12:30PM	25 COFFEE CHAT 9:00AM	26 CAREFIRST FREE BINGO 12PM	27 B/P CHECKS 10AM-12PM NOURISHED NEIGHBORS 10-11:30	28 WORD SEARCH 10:00
31 COLORING 9:30 AM	1	2	3	4

Congregate Meal
Site

**Lunch Served M-F @
11:00 AM
Reservations
Required w/ Week
Notice**