

OCTOBER 2026

Jefferson Park Activities

🎃 AUTUMN HARVEST 🎃

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ALTERNATES
			1 Communities Partner Diabetes & Exercise 12 Noon	2 Lunch Chat	
5 Nikki BP & BS 12 Noon	6 Bingo w/ Tim 12 Noon	7 Bingo w/ Eric 12 Noon	8 Pea's & Carrots 12 Noon	9 Bingo w/ Kinship 12 Noon	
12 Chair Yoga w/ Bailey 12:00	13 Lunch Chat	14 Foot Doctor Dr. Hendrix 10-10:30 Stuff a Bear 12:00	15 Nutrition ED 12 Noon Health Department BP 10-12	16 Lunch Chat	
19 Nikki Trivia 12:00	20 Eric Questions & Answers 10-12	21 Lunch Chat	22 October Word Search 12 Noon	23 Lunch Chat	
26 Bailey w/ Chair Yoga 12 Noon	27 Bingo w/ Grace 12 noon	28 Lunch & Halloween Mini Fair 11:00 Carefirst & Purpose Care	29 Lunch Chat	30 Halloween Word Search 12:00	🎃 🎃 🎃

