# NOVEMBER 2026

*Jefferson Park*

❖ THANKSGIVING SEASON ❖

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|---|---|---|---|---|
| 2 | 3<br>Bingo w/Tim 12 Noon | 4<br>Lunch Chat | 5<br>Talk on Physical Activities for Seniors 12 Noon | 6<br>Lunch Chat | |
| 9<br>Nikki Blood Pressure & Blood Sugar 12 Noon | 10<br>Chair Yoga w/ Bailey 12 Noon | 11<br>Closed | 12<br>Pea's and Carrots 11:00 | 13<br>Canvas Painting w/ Kinship 12 Noon | |
| 16<br>November Word Search Puzzle 11:00 | 17<br>Eric w/ Met Financial Group Questions & Answers 10-2 | 18<br>Nutrition ED 11:00 | 19<br>Clark County Health Department 10-12 | 20<br>Lunch Chat | |
| 23<br>Chair Yoga w/ Bailey 12 Noon | 24<br>Bingo w/ Grace 12 Noon | 25<br>Lunch Chat | 26<br>Sites Closed<br>THANKSGIVING<br> | 27<br>Sites Closed<br>BLACK FRIDAY<br> | |
| 30<br>Lunch Chat | | | | | |