# NOVEMBER 2026

## *LifeSpan Resources Delivery Menu*

❖ THANKSGIVING SEASON ❖

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|---|---|---|---|---|
| 2<br>Chicken Tenders<br>Black Beans & Corn<br>Broccoli Florets<br>Mandarin Orange Cup<br>Bread & Margarine 1% Milk | 3<br>Burgundy Pork Tenderloin<br>Mediterranean Green Beans<br>Cheesy Quinoa<br>Bread & Margarine<br>Orange Juice<br>1% Milk | 4<br>Chef Salad<br>Wheat Crackers<br>Italian Dresing<br>Choclate Oatmeal Bar<br>Grapes<br>Chocolate Milk | 5<br>Chicken Breast Parm<br>Spinach<br>Pasta Alfredo<br>Tropical Fruit Cup<br>1% Milk | 6<br>Pot Roast<br>Mashed Potatoes<br>Green Beans<br>Diced Pear Cup<br>Bread<br>Choc Chip Oat Bar<br>1% Milk | |
| 9<br>Bourbon BBQ Meatloaf<br>Mashed Potatoes<br>Broccoli & Cheese<br>Oatmeal Cookie<br>Strawberry Applesauce<br>1% Milk | 10<br>Spaghetti & Meat Sauce<br>Broccoli Florets<br>Breadstick<br>Margarine<br>Grape Juice<br>1% Milk | 11<br>**Closed** | 12<br>BBQ Pulled Pork Sandwich<br>Bun<br>Seasoned Black Beans<br>Brussels Sprouts<br>Tropical Fruit Cup<br>1% Milk | 13<br>Cheeseburger<br>Bun<br>Potato Wedges<br>Southern Green Beans<br>Applesauce<br>Ketchup & Mustard<br>1% Milk | |
| 16<br>Hearty Beef Stew<br>Apple Crumble<br>Bread & Margarine<br>1% Milk | 17<br>Beef Ravioli<br>Marinara<br>Roasted Broccoli<br>Italian White Beans<br>Bread<br>Tropical Fruit Cup<br>1% Milk | 18<br>Chef Salad<br>Wheat Crackers<br>Italian Dresing<br>Choclate Oatmeal Bar<br>Grapes<br>Chocolate Milk | 19<br>Oven Fried Chicken<br>Yukon Gold Mashed Potatoes<br>Southern Green Beans<br>Bread & Margarine<br>Oatmeal Cookie<br>1% Milk | 20<br>Chicken Breast Marsala<br>Mashed Potatoes<br>Peas & Onions<br>Bread & Margarine<br>Mandarin Orange Cup<br>1% Milk | |
| 23<br>Sweet & Sour Pork<br>Whole Grain Rice<br>Asian Fry Vegetables<br>Strawberry Applesauce<br>1% Milk | 24<br>BBQ Chicken Breast<br>Bun<br>Baked Pork & Beans<br>Cabbage & Apple Slaw<br>Peach Cup<br>1% Milk | 25<br>Hearty Chili with Beans<br>Twice Baked Potato<br>Oyster Crackers<br>Grape Juice<br>1% Milk | 26<br>Sites Closed<br>THANKSGIVING<br> | 27<br>Sites Closed<br>BLACK FRIDAY<br> | |
| 30<br>Roast Turkey & Gravy<br>Stuffing and Mashed Potatoes<br>Green Beans & Corn<br>Diced Pear Cup<br>Dinner Roll & Margerine<br>1% Milk | | | | |  |